

# CARDIO-VASCULAR DISEASES IN UKRAINE: STATE, PROBLEM, AND WAYS TO SOLVE

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Cardio-vascular diseases (CVD) are worldwide leaders as death cause.

According to WHO data, more than half (54%) of all deaths were caused by CVD in 2015.

Ukraine takes the first place in Europe according to CVD mortality – almost 70% of all deaths are caused by CVD. And these are predominantly working-age population.

According to data of The European Cardiologic Society, 80% of heart attacks and strokes could be prevented.

Methods. In “Health index. Ukraine” Survey in 2017, special attention was paid to behaviour of people with blood circulatory system diseases.

We asked respondents, what they did in case of high blood pressure, whether they followed recommendations of doctor, whether stenting was performed, and how much they did pay for it.

Results in general. Study conducted confirms official statistics. Main health and demographic problems are increase of socially significant diseases of blood circulatory system; that is arterial hypertension and ischemic heart disease.

These data should be considered while developing state policy of health care system development in Ukraine, – because this group of pathology pulls set of another social economic problem – substantial primary hospitalization, high mortality of people of working age, decrease of life expectancy.

Concluding remarks. Current situation demands special attention of State. Today, very important is development and adoption of state program of counterwork to CVD in Ukraine.

Within CVD prevention, it is necessary to develop and implement National program of CVD prevention, in which to account for:

- establishment of monitoring system for epidemiological situation of multifactorial influences on morbidity and mortality from CVD;

- economical stimulation for family doctors to influence people to take preventive actions by introducing system of quality indicators;
- development and active implementation of communication actions, social advertising to promote health.