

A genomic history of the North Pontic Region from the Neolithic to the Bronze Age

Alexey G. Nikitin^{1*}, Iosif Lazaridis^{2,3*}, Nick Patterson^{2,4}, Svitlana Ivanova⁵, Mykhailo Videiko⁶, Valentin Dergachev⁷, Nadiia Kotova⁵, Malcolm Lillie⁵, Inna Potekhina⁵, Marta Krenz-Niedbala⁸, Sylwia Łukasik⁸, Serhij Makhortykh⁵, Virginie Renson⁹, Henry Shephard¹⁰, Gennadie Sirbu¹¹, Sofiia Svyryd¹, Taras Tkachuk¹², Piotr Włodarczak¹³, Kim Callan^{3,14}, Elizabeth Curtis³, Eadaoin Harney³, Lora Iliev³, Aisling Kearns³, Ann Marie Lawson³, Megan Michel³, Matthew Mah^{3,14}, Adam Micco^{3,14}, Jonas Oppenheimer³, Lijun Qiu^{3,14}, J. Noah Workman³, Fatma Zalzala³, Swapan Mallick^{3,14}, Nadin Rohland³, David Reich^{2,3,4,14}

* Contributed equally

To whom correspondence should be addressed:

nikitin@gvsu.edu, lazaridis@fas.harvard.edu, reich@genetics.med.harvard.edu

¹Department of Biology, Grand Valley State University, Allendale, MI, USA

²Department of Human Evolutionary Biology, Harvard University, Cambridge, MA, USA

³Department of Genetics, Harvard Medical School, Boston, MA, USA

⁴Broad Institute of MIT and Harvard, Cambridge, MA, USA

⁵Institute of Archaeology, National Academy of Sciences of Ukraine, Kyiv, Ukraine

⁶Scientific Research Laboratory of Archaeology, Borys Grinchenko Kyiv University, Kyiv, Ukraine

⁷Center of Archaeology, Institute of Cultural Heritage, Academy of Science of Moldova, Chişinău, Moldova

⁸Faculty of Biology, Adam Mickiewicz University in Poznań, Poznań, Poland

⁹University of Missouri Research Reactor, Columbia, MO, USA

¹⁰Archaeological Institute of America, Boston, MA, USA

¹¹Thracology Scientific Research Laboratory of the State University of Moldova, Department of Academic Management, Academy of Science of Moldova, Chişinău, Moldova

¹²Museum of History of Ancient Halych, “An Ancient Halych” National Reserve, Halych, Ukraine

¹³Institute of Archaeology and Ethnology, Polish Academy of Sciences, Krakow, Poland

¹⁴Howard Hughes Medical Institute, Harvard Medical School, Boston, MA, USA

The north Black Sea (Pontic) Region was the nexus of the farmers of Old Europe and the foragers and pastoralists of the Eurasian steppe^{1,2}, and the source of waves of migrants that expanded deep into Europe³⁻⁵. We report genome-wide data from 78 prehistoric North Pontic individuals to understand the genetic makeup of the people involved in these migrations and discover the reasons for their success. First, we show that native North Pontic foragers had ancestry not only from Balkan and Eastern hunter-gatherers⁶ but also from European farmers and, occasionally, Caucasus hunter-gatherers. More dramatic inflows ensued during the Eneolithic, when migrants from the Caucasus-Lower Volga area⁷ moved westward, bypassing the local foragers to mix with Trypillian farmers advancing eastward. People of the Usatove archaeological group in the Northwest Pontic were formed ca. 4500 BCE with an equal measure of ancestry from the two expanding groups. A different Caucasus-Lower Volga group, moving westward in a distinct but temporally overlapping wave, avoided the farmers altogether, and blended with the foragers instead to form the people of the Serednii Stih archaeological complex⁷. A third wave of expansion occurred when Yamna descendants of the Serednii Stih forming ca. 4000 BCE expanded during the Early Bronze Age (3300 BCE). The temporal gap between Serednii Stih and the Yamna expansion is bridged by a genetically Yamna individual from Mykhailivka in Ukraine (3635-3383 BCE), a site of uninterrupted archaeological continuity across the Eneolithic-Bronze Age transition, and the likely epicenter of Yamna formation. Each of these three waves propagated distinctive ancestries while also incorporating outsiders during its advance, a flexible strategy forged in the North Pontic region that may explain its peoples' outsized success in spreading their genes and culture across Eurasia^{3-5,8-10}.

1 Introduction

2
3 The steppe and forest-steppe regions north of the Black Sea, known as the North Pontic Region (NPR, Fig. 1, Supplementary Information, section 1), have been proposed as the homeland for
4 communities that developed core Indo-European language terminology¹¹, which began spreading
5 across Eurasia facilitated by the turn-of-the-third-millennium expansion of the Yamna
6 archaeological complex (YAC)¹⁰. During the Early Metal Ages (Eneolithic and the Early Bronze
7 Age, EBA), a diverse array of archaeological groups inhabited the NPR. In principle, important
8 information about how these populations interacted with each other can be learned from their
9 genetic relationships—complementing the archaeological evidence—but key aspects remain
10 poorly understood.

11
12
13 Genome-wide ancient DNA studies have revealed that from the beginning of the Holocene to the
14 end of the Neolithic (approximately 9200-5000 BCE), the genetic ancestry of hunter-gatherer
15 groups in the NPR and adjacent areas was derived from a mixture of ancestral populations whose
16 ancestry was on a genetic gradient ranging in the west from “Western Hunter-Gatherers”
17 (WHGs) and “Balkan Hunter Gatherers” (BHG) who lived in the Danubian Iron Gates region⁶,
18 to “Eastern Hunter-Gatherers”³ (EHGs) in the east. In Ukraine, the transition from the Mesolithic
19 to the Neolithic was marked by WHG admixture with the EHG ancestry of previously
20 established local populations⁶.

21
22 During the Neolithic, after ca. 5800 BCE, the western NPR saw an expansion of Balkan and
23 central European farming groups, such as Criş, Starčevo, and LBK, carrying Early European

Farmer (EEF) ancestry, who, in turn, were descended from Anatolian Neolithic Farmers (ANF) with different proportions of WHG admixture¹². In the northeastern NPR, the Neolithic populations of the Dnipro Valley continued to retain the EHG/WHG-based genetic ancestry⁶.

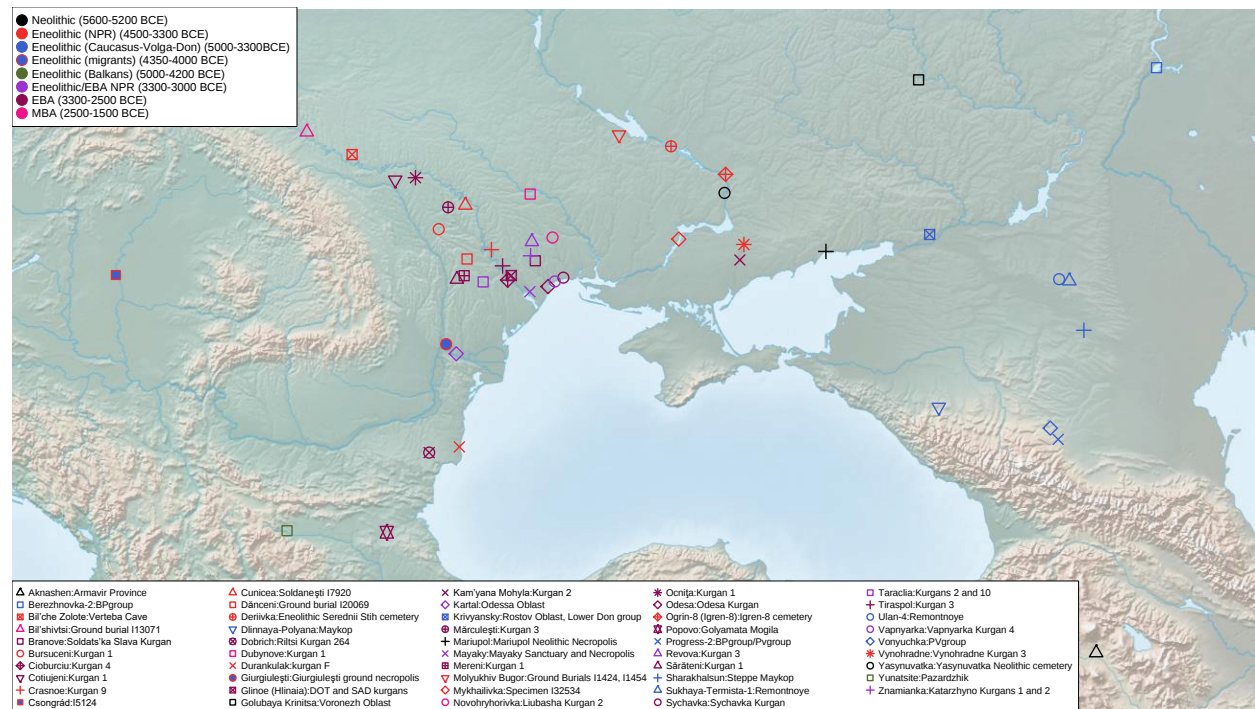


Fig. 1: Map of sampling locations including newly generated data and key context populations.

In the early Eneolithic (ca. 4800 BCE), farming groups of the Cucuteni-Trypillia archaeological complex (CTAC) began spreading over the forest-steppe part of the western NPR, reaching the middle Dnipro Valley by the first half of the 4th millennium BCE¹³. Archaeologists trace the origin of CTAC to western Transylvania^{13,14}. The genetic ancestry of CTAC was primarily EEF-derived with admixture from WHG, EHG and Caucasus Hunter-Gatherers (CHG)^{6,15–18}.

During their eastward expansion, CTAC encountered mobile steppe communities of the Serebnii Stih archaeological complex (SSAC)¹³, which likely emerged from the Azov-Dnipro-Donets area in the first half of the 5th millennium BCE^{19–21}. The presence of early SSAC in the Azov steppe ca. 4700-4500 BCE is supported by Sr isotope analysis of an early SSAC individual from the Mariupol necropolis (Supplementary Information, section 1). However, knowledge about the genetic ancestry of steppe populations like SSAC (referred to as “steppe ancestry”^{3–6,10,13}) has been limited until now due to small sample sizes which revealed highly variable ancestry^{6,13,18}.

In the 4th millennium BCE, a distinctive archaeological complex known as Usatove was established in the northwestern NPR. Sampled individuals from Usatove harbored EEF and steppe ancestries, as well as a Caucasus Eneolithic/Maykop-related genetic component⁵, but the knowledge of the proximate sources of the composing ancestries has been unclear.

In the second half of the 4th millennium BCE, the NPR witnessed an expanding diversity of archaeological groups, characterized by distinct burial rites and pottery types/techniques, and increased mobility, possibly including wheeled wagon transportation². This diversity came to an end in the last third of the 4th millennium with the expansion of the YAC, persisting into the Early Bronze Age (EBA) during the first half of the following millennium.

Genetic ancestry data on the Epipaleolithic-Early Bronze Age populations of the NPR come from a limited number of sites, hampering the understanding of population dynamics, particularly during the time that preceded a genetic turnover in Europe precipitated by YAC-related people^{3,4,10,22}. This report analyses prehistoric NPR individuals from a much wider selection of archaeological sites than has previously been available, including substantially larger sample sizes from key groups, in particular CTAC, Usatove, and SSAC. Co-analyzing with the data reported in the linked paper⁷, we examine the contribution of these groups to the genetic ancestry of YAC and have a particular focus on integrating the results of the present study with the archaeological evidence to produce a holistic picture of genetic and archaeological transformations preceding and following the formation of the Yamna.

Results

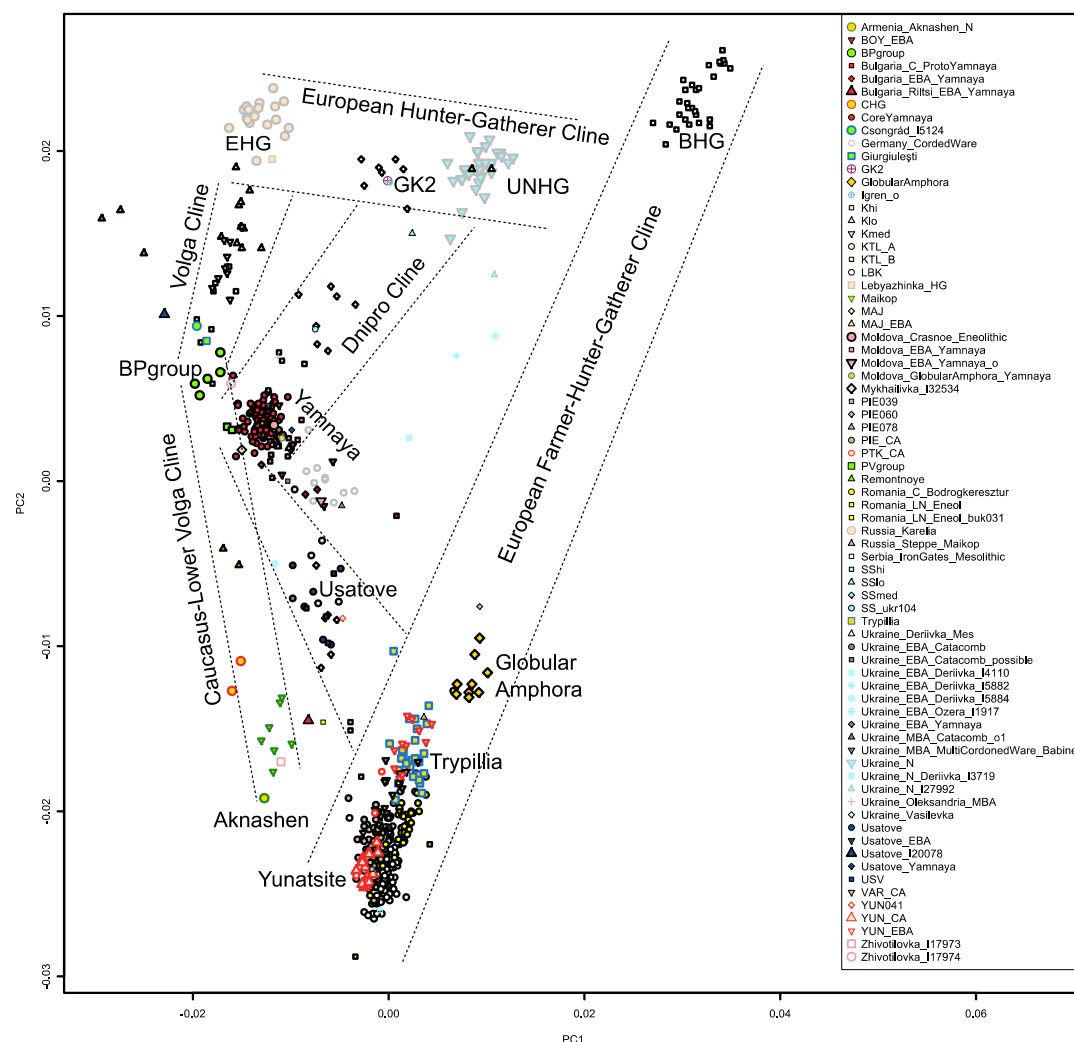
We sequenced ancient DNA for 78 ancient individuals from the NPR from the Neolithic to the Bronze Age. For 73 we report whole genome data for the first time including an individual from the Neolithic Mariupol necropolis, 11 SSAC individuals from Ukraine, 10 CTAC individuals from Moldova and Ukraine, and 23 YAC individuals from Moldova and Ukraine; for five individuals with previously reported results, we increased data quality (Online Table 1). To generate these data, we sampled 203 skeletal elements and built 452 next-generation sequencing libraries; after screening we took 235 forward into analysis (Online Table 2). We enriched our analyses by generating 51 new radiocarbon dates (Online Table 3). We co-analysed these data with that from a parallel study of steppe populations including 299 newly reported individuals and 55 individuals with improved data⁷; both studies co-analyze the full dataset.

To obtain a qualitative picture of population structure in the NPR, we began by using smartpca²³ to perform principal component analysis (PCA) using the same set of populations to form the axes as in⁷ (Fig. 2a).

The PCA reveals five major clines. Four of them—the Caucasus-Lower Volga (CLV) Cline, the Volga Cline, the Dnipro Cline, and the European Hunter-Gatherer (EuHG) Cline—are described formally in the accompanying paper⁷. The fourth, the European Farmer and Hunter Gatherer cline (EFHG), is formed by European farmers (central European LBK and populations related to Gumelnița/Karanovo from the Yunatsite site in Bulgaria (Yunatsite Chalcolithic, YUN_CA), on one side, and BHG, on the other (Fig. 2a).

The UNHG individuals presented in this report are located on the “eastern” end of the EuHG cline towards the BHG and at the “northern” edge of the Dnipro cline. This PCA placement suggests that UNHG contributed to the later (Eneolithic and Bronze Age (BA)) people on the Dnipro cline that are positioned along the length of that cline, with Core Yamna⁷ at the “southern” end.

a



b

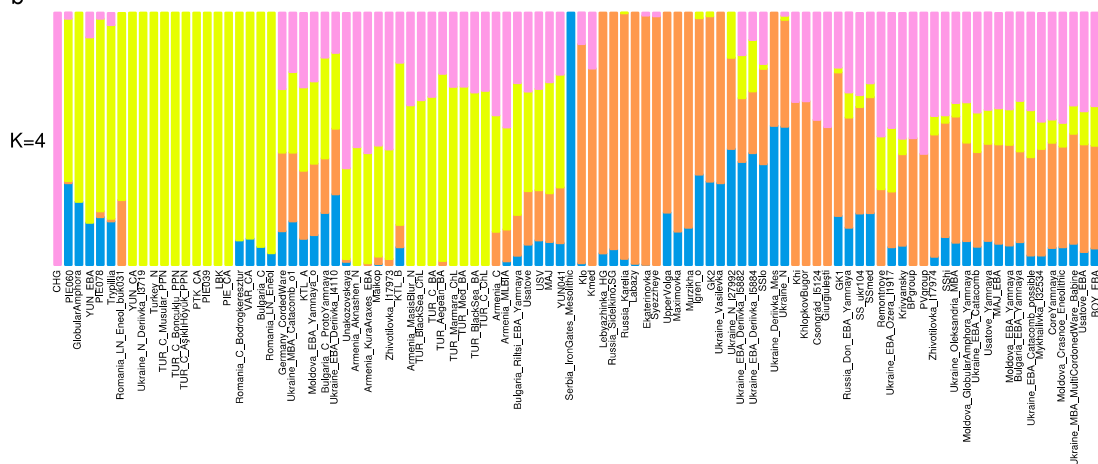


Fig. 2: a, PCA of the NPR samples in relation to the three steppe clines and respective samples from⁷. b, Unsupervised ADMIXTURE summary graph of populations and individuals from this report and⁷.

The Eneolithic (apart from the SSAC) and BA individuals in Fig. 2a are mostly located towards the “farmer” end of the EFHG cline. Four NPR individuals form a cline stretching from the Core Yamna cluster towards steppe Maykop and traversing the CLV-Volga cline proximate to a key Eneolithic population represented by the Berezhnovka-2-Progress 2 individuals (BPgroup), a genetically homogeneous people between the northeast Caucasus and lower Volga that can be approximately modeled as a mixture of EHG, CHG, and Siberian/Central Asian Neolithic ancestries⁷. Two of these (I20078 and I17974) are late Eneolithic (3300-3000 BCE) individuals from Moldova. The other two, I18740 from Hungary⁷ and I20072 from Moldova, dated to ca. 4300-4000 BCE, are archaeologically associated with the Volga-Caucasus – lower Dnipro pulse of the steppe people that left “ochre graves” across the NPR and adjacent Balkan-Carpathian area^{24,25}.

Formal modeling of sources of Neolithic NPR ancestry

We computed f_3 statistics with Ukraine Neolithic as a target and a wide variety of possible sources (Supplementary Information, section 2; Extended Data Table 1). Consistent with their position in the PCA on Fig. 2a, the Ukraine Neolithic population is admixed with the most significantly negative ($Z=-17.2$) statistic when a sample from Karelia in northwestern Russia (EHG) and the BHG are used as sources, suggesting that the Ukraine Neolithic population is, to a first approximation, composed of sources related to the EHG and BHG populations.

However, it is evident from the PCA in Fig. 2a that the UNHG end of the EuHG cline is shifted towards populations with EEF ancestry. In unsupervised ADMIXTURE analysis (Supplementary Information, section 3; Fig. 2b), we find that the UNHG are assigned small components of Anatolian Farmer/CHG ancestry, not present in other Mesolithic Deriivka (Dnipro Valley), EHG (Karelia) or BHG (Iron Gates) groups. When samples from individuals labeled Ukraine_N (UNHGs) are modeled with other EuHG populations from⁷ only a single 2-source model ($p=0.576$) with $72.5\pm 2.9\%$ GK2 from the Golyubaya Krinita site on the Lower Don⁷ and $27.5\pm 2.9\%$ BHG ancestry, remains viable (here and in what follows, we indicate statistical uncertainty through standard errors; a 95% confidence interval corresponds to 1.96 standard errors in either direction of the point estimate). A fitting to a broader cline between EHG and BHG as a mixture of these two sources with either Lebyazhinka or Karelia as the EHG source, fails ($p<1e-9$) and qpAdm output suggests that these models underestimate shared genetic drift with Turkey_N ($Z<-3.5$).

To obtain insights into population admixture histories that could explain these patterns, we explored 3-source models detailed in Supplementary Information, section 2. The feasible models all include EHG-BHG sources (Lebyazhinka and BHG), but they all also include ~7-9% of EEF ancestry, with the source of this ancestry (in a specific EEF-derived group) being unclear. The presence of EEF ancestry (who were largely of Anatolian Neolithic-related origin) accounts for the underestimated drift with Turkey_N in the model without such ancestry.

To test whether the inferred EEF ancestry is a population-wide feature of UNHGs, we fit a model that included central European LBK farmer ancestry representing EEF populations to 35 individuals with the Ukraine_N label (Supplementary Information, section 2; Extended Data

Table 2). The results show that EEF ancestry is a general feature of UNHG populations, and thus this pattern is not driven by a few outliers.

The UNHG was modeled with significant BHG and EHG ancestry and represents an *increase* of BHG ancestry relative to the Mesolithic specimens from Vasylivka III⁶ and Vasylivka I²⁶ (Fig. 2). A migration of people from the Iron Gates area in the Dnipro Valley in the 7th millennium BCE²⁷ may be responsible for this shift. As the BHG population from the Iron Gates has been shown to carry sporadic EEF ancestry⁶, the admixture of Iron Gates migrants could be a way to account for both BHG and EEF admixture compared to the Mesolithic Vasylivka.

Diverse hunter-gatherers of WHG-EHG mixed background in Sweden^{3,28,29} and Latvia provide no evidence for the EEF ancestry we detect in the UNHG (Supplementary Information, section 2), highlighting the uniqueness of the UNHG in that respect. As an additional control, we used the Pitted Ware/Battle Axe Culture populations from Ajvide in Sweden^{30,31} and Västbergs³², finding that these populations in which EEF ancestry was incorporated into groups of predominantly hunter-gatherer background are correctly inferred by our model to have ~1/5 EEF-related ancestry. Our finding of EEF-related ancestry in Ukraine Neolithic hunter-gatherers provides a separate and much earlier instance of the incorporation of farmer ancestry into the hunter-gatherer communities at the periphery of the Neolithic expansion in Europe.

UNHG individuals I31730 and I1738 that failed the LBK-EHG-BHG model can be modeled with CHG instead of LBK as a source (Extended Data Table 2), suggestive of CHG-related ancestry extending past the middle Don^{7,33} to the Azov Sea coast and the Dnipro Valley during the second half of the 6th millennium BCE. This sporadic and isolated CHG admixture in UNHG reflects a qualitatively different phenomenon from the generalized shift of ancestry towards the CLV cline of all Serednii Stih and Yamna individuals of the Dnipro Cline (Fig. 2a). Nonetheless, this find extends the zone of early contacts with the Caucasus that were also transforming populations of the Don and Volga rivers in the east⁷ and generating ancestry profiles radiating out of the lower Volga-Caucasus area in the Eneolithic.

CLV cline admixture and long-range migration in the early Eneolithic Pontic steppe

Serednii Stih culture individuals had highly variable genetic ancestry—we subdivided them into “SShi”, “SSmed”, and “SSlo” subsets based on their degree of relatedness to UNHG—and their relationship with individuals on the three steppe clines are examined in detail in⁷. In that study, Serednii Stih could be modeled without European farmer populations as sources. A summary of our findings is that the Serednii Stih can be modeled with one source being the Core Yamna as the endpoint of the Dnipro cline (a proxy for earlier populations in the Eneolithic for which the Yamna descend with little or no mixture⁷), and Dnipro-Don HGs (UNHGs or GK2). Because Core Yamna themselves are formed as mixture of about 2/3 ancestry of populations of the CLV cline (proxied by PVgroup, BPgroup, Remontnoye, or Maykop) mixed with Dnipro-Don HGs⁷, the SSAC ancestry formation can be seen as the result of the fusion of CLV cline migrants with Dnipro-Don HGs.

A SSAC individual ukr104¹⁸ (the same as I28319 of our study) clusters with the subset of SSAC individuals with medium contribution from the UNHG group (SSmed)⁷ (Fig. 2a) and forms a clade with it using qpWave (p=0.281).

The SSAC outlier from Igren-8 (I27930), a detailed analysis of which is presented in⁷, appears to be of hunter-gatherer ancestry similar to the Neolithic GK2 individual (5610-5390 BCE) from the Middle Don. These individuals were similar in their ancestry sources to much earlier Mesolithic hunter-gatherers from Vasylivka^{6,26} (Fig. 2a) and could be modeled as having ~2/3 EHG and ~1/3 BHG ancestry⁷. Individual I27930 thus represents a Neolithic ancestry carry-over in a burial context of SSAC (Supplementary Information, section 1), likely appearing in the Dniro Valley as a result of a long-range migration from the Middle Don.

In the northwest NPR, individual I20072 (4330-4058 calBCE) from Giurgiulești on the Lower Danube is cladal with the Lower Volga-North Caucasus Eneolithic groups (BPgroup and, with lower confidence, PVgroup, Supplementary Information, section 2) and, along with contemporaneous Csongrád individual from Hungary, represents an example of long-distance migration, across an even larger range than individual I27930 from Igren, spanning from the Volga to the heart of Central Europe.

Trypillia and Usatove

Trypillian individuals^{6,15-17} are on the farmer end of the EFHG cline in the PCA (Fig. 2a). Admixture f_3 -statistics show that they are admixed (Extended Data Table 1) with a highly significant negative statistic with Yunatsite Chalcolithic⁵ and BHG⁶ as sources ($Z=-23.8$) which parallels the PCA in suggesting that Trypillians have more hunter-gatherer ancestry than the EEF populations such as Yunatsite or LBK, but without identifying EEF ancestry sources³⁴.

When we attempt to model Trypillians as a mixture of two or three sources using qpAdm, we find no fitting model for them as a whole. We explored removing the Trypillian individual that is the strongest genetic outlier (I20069 from Dănceni, 3323-2935 calBCE). However, even after excluding I20069, we still were not able to model Trypillians successfully (p<1e-5 even for N=3 models).

In an alternate approach to model individuals under the “Trypillia” label, 24 of 28 Trypillian individuals can be modeled in our framework. The four exceptions are discussed in the Supplementary Information, section 2. A single model (with BPgroup, YUN_CA, and BHG) is feasible for 23 of the 24 individuals. Three other models are qualitatively similar to the identified model and are feasible for 22 out of 24 individuals, all models including some CLV (Extended Data Table 3). Our calculations show that for many individuals there is no significant BPgroup-related ancestry, but this kind of ancestry is highest in the PCA outlier (I20069; 25.8±2.4%). The BP ancestry is positive for all but three, and positive by more than two standard errors for 10 of the 28 individuals. For the 23 Trypillia individuals modeled in our framework, we estimate that their genetic ancestry is, on average, 81% Balkan Eneolithic (such as in YUN_CA), 14% BHG, and the remaining 5% comes from the CLV cline (BPgroup) (Table 1). We estimate using DATES³⁵ that the formative admixture of Trypillia took place 4595±121 BCE (95% C.I. 4832-4358 BCE) (Table 1, Fig. 3).

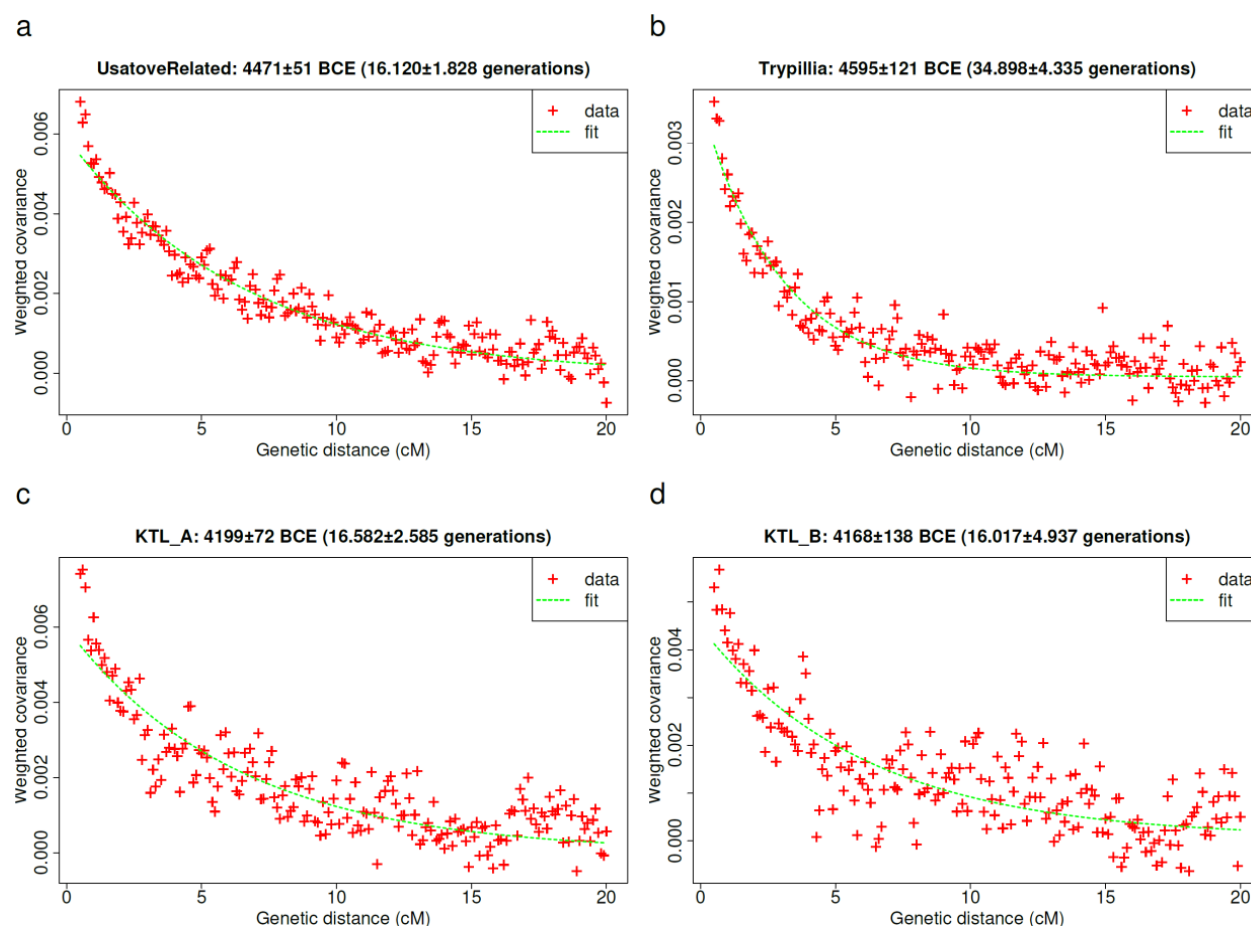


Fig. 3: DATES estimates of admixture timing of CLV and European farmer ancestry admixture. (a) Usatove-related individuals from this study and⁵. (b) Trypillians from this study and¹⁷. Kartal cluster A (c) and B (d) from⁵.

Usatove individuals from our study, combined with previous reports to provide a substantial sample size, are genetically varied and occupy the space in the PCA between the Trypillians and the point where the three great clines of the steppe (CLV, Volga, and Dniro) diverge from each other. Evidence of their admixed origin comes from the significantly negative admixture f_3 -statistic with Karelia (EHG) and Yunatsite Chalcolithic as sources ($Z=-10.1$; Extended Data Table 1) suggesting that the Usatove had ancestry from east of the NPR as well as ancestry related to European farmers. Formal modeling with qpAdm reveals that the Usatove population can be modeled uniquely ($p=0.128$) as a mixture of ~45% PVgroup (and intermediate group on the CLV cline) and ~55% Trypillians (Table 1). The model with BPgroup+Trypillians fails quite clearly ($p<1e-4$). A generalized 3-way model with BPgroup+Armenia_Aknashen_N (South Caucasus) ancestry, substituting PVgroup for Aknashen+BPgroup, and allowing the eastern source to vary to any position along the CLV Cline, fits ($p=0.393$) with an estimated $14.4\pm3.1\%$ Aknashen-related ancestry (Supplementary Information, section 2), confirming that the CLV ancestry in Usatove was not from the lower Volga-centered BPgroup, but had a significant proportion of southern Caucasus Neolithic-related ancestry.

Our conclusions about the Usatove being a PVgroup+Trypillia model were confirmed on two other populations from⁵: MAJ, a different Eneolithic sample set from Mayaky ($p=0.231$) as well as the USV population from Usatove-Velykyj Kuyalnik ($p=0.083$). Neither YUN_CA nor Globular Amphora works as a source for the Usatove, which is well explained by local Trypillian origins for their farmer-related ancestry ($p<1e-4$). In contrast to Usatove, the CLV admixture in the Cernavodă I population from Kartal (KTL_A) in the Danube delta is best estimated as BPgroup-derived, with relatively less or no Aknashen-related ancestry (Table 1). We estimate using DATES³⁵ that the formative admixture of Usatove took place 4471 ± 51 BCE (95% C.I. 4571-4371 BCE) (Table 1, Fig. 3).

Yamna ancestry and Maykop/steppe Maykop migrations in the Late Eneolithic NPR

Following⁷, we define a group we call “Core Yamna,” who we represent by a set of 104 individuals that are archaeologically assigned to the Yamna and Afanasievo cultures, all of whom have excellent data quality (at least 400,000 of the targeted autosomal SNPs), and that are genetically homogeneous according to qpWave ($p\geq0.2$). In⁷ we show that these individuals descend with little or no mixture from an ancestral population that began expanding from a small founding group around 3750-3350 BCE. Core Yamna is also the largest ancestral source in all individuals carrying Yamna ancestry, who differ only in having additional admixture from local populations the Core Yamna must have encountered during their expansion⁷. In⁷ we provide multiple lines of evidence that the Core Yamna and likely the YAC itself formed in the Dniro-Don area of the northeastern NPR region, while not being able to narrow their geographic origin further based on genetic evidence alone.

In⁷ we show that the Core Yamna can be modeled without any EEF ancestry but as a mixture of CLV and NPR hunter-gatherer groups. When we force EEF ancestry as an additional source into the Core Yamna (Supplementary Information, section 2) its proportion is not significantly greater than zero ($3.2\pm3.1\%$) while that of the Caucasus Neolithic is ($15.6\pm4.3\%$), suggesting that the Anatolian-related ancestry¹⁰ in the Core Yamna was mediated mainly from the Caucasus Neolithic populations (like Aknashen in Armenia¹⁰) and not from European farmers of Anatolian origin³⁶. Further confirmation of this hypothesis comes from the fact that qpAdm models of exclusively CLV+NPR hunter-gatherer ancestry (Supplementary Information, section 3) conform closely with independently derived unsupervised ADMIXTURE estimates of ancestry (Fig. 2b). While EEF ancestry in the Core Yamna itself is conjectural and not necessary from the point of view of modeling this population, it was clearly present in the western Yamna from Bulgaria, Hungary, Moldova, Romania, and Serbia (⁷, Supplementary Information, section 2). In this paper, we seek to narrow down the location from which the Yamna originated, synthesizing archaeological and genetic evidence from the very beginning instead of relying on the genetic data alone and only combining with archaeological information at the end.

The chronologically earliest individuals in our sample set who are cladal with Core Yamna are I32534 (3635-3383 calBCE) from Ukraine and I20196 from Moldova ($p=0.684$ and $p=0.683$, respectively). Individual I17743 from Moldova had predominantly Core Yamna ancestry but also harbored 6.9% Balkan EEF admixture ($p=0.593$). Individuals I20196 and I17743 both date to ca. 3350-3100 BCE (Supplementary Information, section 2) and their contemporary I17974 from

Moldova is 81.8% Core Yamna and 18.2% Steppe Maykop ($p=0.324$; Supplementary Information, section 2).

For individual I32534, from the second (proto-Yamna) layer of the Mykhailivka site in the lower Dnipro Valley, only the Core Yamna model remains feasible when either BPgroup or PVgroup is placed on the right set in qpAdm analysis (Supplementary Information, section 2). As a further test, when we force either EEf or UNHG as a second ancestry source (on top of the Core Yamna ancestry), neither one is significantly different from zero ($|Z| < 1$) and both are, in fact, nominally slightly negative. Thus, there is no evidence for the presence of either the EEf or UNHG-related ancestries of the NPR region on top of the Core Yamna ancestry and I32534 is consistent with being simply a member of the Core Yamna group. Beyond qpAdm modeling, the Mykhailivka individual clusters with Core Yamna in PCA (Fig. 2a) and in unsupervised ADMIXTURE analysis (Fig. 2b). All these lines of evidence converge in showing that I32534 is indeed an early Core Yamna individual who bridges the temporal gap between the geographically proximate Late Serebrii Stih populations and those of the main Yamna expansion that are sampled from south Siberia to eastern Europe and in which any associations with the locale of Yamna formation have been wiped out by thousands of kilometers of distance.

Four Yamna individuals from Ukraine are cladal with the Core Yamna group in showing no evidence of EEf admixture (Supplementary Information, section 2). Three Yamna Ukraine individuals, as well as one Catacomb Individual I12617, all from the northwest NPR, harbor significant European farmer-associated admixture from proximate sources like Bulgaria Eneolithic or Trypillia (Supplementary Information, section 2). Thus, the northwest NPR can be identified as the place in where the Yamna first received substantial EEf admixture during their western expansion.

The substantial proportion of farmer ancestry in Yamna outlier individuals I20076 and I17747 (2865–2576 calBCE) from Moldova is best fitted by Core Yamna + Trypillia or Globular Amphora models (Supplementary Information, section 2). One of the Yamna individuals from Bulgaria contained 22.3% YUN_CA admixture, while another individual from the same site was cladal with the Core Yamna (Supplementary Information, section 2). The Yamna expansion, beginning in Ukraine and reaching the South Balkans, included both individuals who maintained the Core Yamna genetic profile, as well as those who had begun to admix with local farmers, initiating the transmission of Yamna ancestry and probably Indo-European languages beyond the steppe.

We also present genetic evidence of the westward expansion of the North Caucasus/lower Volga-Don ancestry at the early stages or pre-dating the Yamna expansion. This is reflected in individuals I17974 and I20078 from Moldova, who were formed of the same Yamna+Steppe Maykop-associated admixture process, with I17974 carrying about $\sim 1/3$ of the Steppe Maykop-associated ancestry found in I20078 (Table 1, Supplementary Information, section 2). The Caucasus affinity was also observed for individual, I17973, co-buried with I17974, who cannot be well-modeled with any of the sources available to us, but is nearest to the “southern” end of the CLV cline (Maykop of the North Caucasus ($p=0.0025$) or the Aknashen Neolithic of the South Caucasus ($p=0.0047$, Supplementary Information, section 2), which is corroborated by the position of I17973 on the PCA (Fig. 2a). In the northeastern NPR, an early Yamna individual

I1917 from Ožera⁶ is best modeled as an even mix of Core Yamna and Maykop, providing, like individual I17973, a clear link to the Caucasus. More evidence for this link comes from the Early Bronze Age population from Mayaky⁵, which is discontinuous with the Usatove from the same region but represented a unique combination of 1/5 Maykop ancestry with the remainder best represented by the Yamna of the Lower Don, a population which was itself a mix of Core Yamna and NPR hunter-gatherers⁷.

Yamna ancestry in the Bronze Age NPR

We find that individuals of the Catacomb archaeological complex (CAC), which chronologically partially overlaps and succeeds Yamna in the NPR, continued to harbor Yamna genetic ancestry. The population labeled “Ukraine_EBA_Catacomb”, including individuals I12840 and I16668 from our dataset, is cladal with the Core Yamna ($p=0.075$, Supplementary Information, section 1). Yamna ancestry persisted in the NPR into the second half of the 3rd millennium BCE.

The Catacomb group was succeeded in the NPR by the Multi-Cordoned Ware/Babyne (MCW/B) complex (Supplementary Information, section 1). The only feasible models for the ancestry of two MCW/B individuals in our sample selection involve Core Yamna, a European farmer source, and additional hunter-gatherer ancestry above and beyond what was present in even the most hunter-gatherer admixed farmer populations of the farmer-hunter-gatherer cline (Supplementary Information, section 2). Three-way modeling with varying hunter-gatherer ancestry for BA Ukraine (Supplementary Information, section 2) confirms that MCW/B in Ukraine experienced gene flow from a population that had considerable hunter-gatherer ancestry. Such populations have been described from the BA of what is today Romania at the sites of Arman (Cârlomănești) and Târgșoru Vechi in Muntenia¹⁰, indicating that populations of high hunter-gatherer ancestry contributed to some post-Yamna people in the NPR and Southern Carpathians.

Table 1. A compendium of the ancestral landscape of the North Pontic Region in the Eneolithic and Early Bronze Age (ca. 4500-2500 BCE) showing two waves of Caucasus-Lower Volga (CLV) cline ancestry migration in the NPR.

Genetic ID, Archaeological ID, date	Population Source(s)	P-value	Comment
Wave 1: Early pioneers from northern part of Caucasus-Lower Volga (CLV) cline and their descendants			
I20072 Giurgiuilești Burial 6 (3), 4330-4058 calBCE	BPgroup ^a	0.896	Eneolithic Individual from Moldova who was a descendant of Lower-Volga North Caucasus Eneolithic people (the low-EHG end (BPgroup endpoint, Fig. 2a) of the Volga Cline at a junction with the Caucasus-Lower Volga (CLV) cline), an example of long-range migration across the NPR
I5124 Csongrád Burial 1, 4331-4073 calBCE	87% BPgroup and 13% Lebyazhinka_HG	0.116	Eneolithic Individual from Hungary with ancestry from the BPgroup end of the Volga cline, similar to a subset of Khvalynsk individuals, an example of long-range migration across the NPR
Trypillia genetic ancestry forming 4595±121 BCE (4832-4358 BCE)	Median: 4% BPgroup, 14% BHG, 82% YUN_CA ^b	7e-6	Heterogeneous Eneolithic Trypillia population from Ukraine and Moldova was formed on the basis of the European farmer-hunter-gatherer cline and included some CLV ancestry with admixture from Usatove-related groups in the second half of the 4 th millennium BCE. The given model fits 23 of 28 Trypillian individuals but does not fit the Trypillian population as a whole.
Usatove (Mayaky), genetic ancestry forming 4471±51 BCE (4571-4371 BCE)	45% PVgroup ^c and 55% Trypillians	0.128	Eneolithic Usatove from Mayaky in Ukraine were an even mix of an intermediate PVgroup population on the CLV cline or, alternatively a mix of BPgroup and Caucasus Neolithic (Aknashen), and Trypillians
Usatove (Mayaky), MAJ	44% PVgroup and 56% Trypillians	0.231	Another group of Usatove individuals from Mayaky ⁵
Usatove (Usatove-Velykyj Kuyalnik), USV	48% PVgroup and 52% Trypillians	0.083	Usatove individuals from Usatove-Velykyj Kuyalnik in Ukraine ⁵
Cernavodă I, KTL_A, genetic ancestry forming 4199±72 BCE (4340-4058 BCE)	54% BPgroup and 46% Trypillians	0.618	Eneolithic Cernavodă I population from Kartal in Ukraine (cluster A ⁵) was an even mix of BPgroup and European farmers. This mix is similar to Usatove and related populations, but without the Caucasus Neolithic ancestry evident in Usatove.
Wave 2: Migration from intermediate part of the CLV cline and establishment of the Core Yamna ancestry			
Serednii Stih, genetic ancestry forming ca. 4400 BCE ³⁵ (SShi, SSmed, SSlo subsets)	CLV ancestry: 13-17% Aknashen Neolithic and 8-56% BPgroup; Dniro-Don ancestry: 31-56% GK2 ancestry	0.102-0.851	Eneolithic SSAC Individuals from Ukraine were genetically heterogeneous but formed a cline of ancestry on the basis of CLV people (themselves a mixture of Caucasus Neolithic / Aknashen-related) and North Caucasus-Lower Volga Eneolithic (BPgroup-related) with Dniro-Don people (who had Ukraine Neolithic hunter-gatherer-related ancestry) ⁷
Core Yamna, genetic ancestry forming 4038±48 BCE (4132-3944 BCE)	26% Remontnoye ^d and 74% SShi subset of Serednii Stih	0.675	Early Bronze Age (EBA) Core Yamna cluster includes individuals across 5000 km from central Siberia to southeastern-central Europe and was formed on the basis of admixture of CLV people with Dniro-Don people. Their emergence occurred likely in the North Pontic Region as a descendant of a late SSAC population who are unique in possessing this combination of ancestries ⁷
	CLV ancestry: 21% Aknashen Neolithic and 57% BPgroup; Dniro-Don ancestry: 23% GK2 ancestry	0.934	
Cernavodă I, KTL_B, genetic ancestry forming 4168±138 BCE (4438-4898 BCE)	27% Remontnoye and 73% European farmers (YUN_CA+Globular Amphora)	0.294	Eneolithic Cernavodă I population from Kartal in Ukraine (cluster B ⁵) had much less CLV ancestry and this ancestry was not from the Lower Volga (BPgroup) end of the CLV cline, but rather from a population like Maykop or Remontnoye
Wave 3: Yamna expansion			
Core Yamna			
I32534 Mykhailivka 1, Square VI, 3635-3383 calBCE	Core Yamna	0.684	Eneolithic Individual from Ukraine is the earliest ¹⁴ C-dated Yamna in NPR

I20196 Crasnoe Kurgan 9, Burial 9, Skeleton 2, 3352-3101 calBCE	Core Yamna	0.683	Eneolithic Individual from Moldova was a Yamna descendant
I12229 Mayaky, Kurgan 1, Burial 9, 3088-2911 calBCE	Core Yamna	0.178	EBA Individual from the Usatove site at Mayaky is discontinuous with the earlier Usatove people from Mayaky and was a Yamna descendant
I20079 Taraclia II, Kurgan 10, Burial 2, 2571-2355 calBCE	Core Yamna	0.864	Early-Middle Bronze Age (EMBA) Individual from Moldova was a Yamna descendant
Catacomb Archaeological Complex (CAC) I12840 Dubynove, Kurgan 1, Burial 10, 2453-2148 calBCE I16668 Revova, Kurgan 3, Burial 10, 2800-2000 BCE	Core Yamna	0.075	EMBA CAC individuals from Ukraine (MJ-09 from Mamaj Gora ³⁷ , I12840 and I16668, this study) were Yamna descendants
Core Yamna + European Farmer descendants			
I1456 Durankulak, Kurgan F, burial 15 (main burial), 3500-3000 BCE	45% Core Yamna and 55% Globular Amphora	0.099	Eneolithic Individual from Bulgaria was a Yamna+Globular Amphora descendant representing a similar mix (but in different proportions) to the Corded Ware
Bulgaria Yamna, 3300-2500 BCE	Core Yamna and 0-22% YUN_CA	-	EBA Yamna individuals from Bulgaria, Moldova, and Ukraine (⁷ , this report) included unadmixed Core Yamna as well as others with European farmer ancestry. The source of the farmer ancestry could be Trypillia or Globular Amphora and is unclear.
Bulgaria Yamna, Boyanovo subset, 3300-2500 BCE ⁵	94% Core Yamna and 6% YUN_CA	0.211	
Moldova Yamna, 3300-2500 BCE	Core Yamna and 0-16% YUN_CA	-	
Ukraine Yamna, 3300-2500 BCE	Core Yamna and 0-8% YUN_CA	-	
I17747 Tiraspol Kurgan 3, Burial 15, 2865-2576 calBCE	61% Core Yamna and 39% Trypillia	0.523	Late EBA Yamna individual from Moldova had more farmer ancestry than other Yamna from the region
I20076 Ocnița, Kurgan 1, Burial 3, 2906- 2702 calBCE	88% Core Yamna and 12% Globular Amphora	0.180	Individual from an EBA Yamna burial in Moldova with Globular Amphora-style pot is analyzed separately but is of mostly Yamna descent
I4110, I5882, I5884 Deriivka I cemetery, 3500-2700 BCE	36-46% Core Yamna and 23-44% Balkan Hunter Gatherer and 15-32% Trypillia	0.179- 0.889	Three Eneolithic-EBA individuals from Ukraine had some Yamna ancestry but substantial Balkan hunter-gatherer (BHG) ancestry represented by Serbia Iron Gates hunter-gatherers
I13071 Bil'shivtsi, Individual 1, 2201- 2032 calBCE	72% Core Yamna and 28% YUN_CA (?)	0.458	MBA individual from a catacomb burial in western Ukraine with 2/3-1/3 Core Yamna-European Farmer ancestry, the source of the farmer ancestry being unclear.
I12234 Liubasha, Kurgan 2, Burial 3, 1499-1127 calBCE I16674 Liubasha kurgan 2 burial 15, 2434-1943 calBCE	92% Core Yamna and 3% Globular Amphora and 5% BHG	0.148	These two Middle Bronze Age individuals of Multi-Cordoned Ware/Babyne archaeological circle from Ukraine were mostly of Yamna descent but had admixed with a population with even more hunter-gatherer ancestry than in the Globular Amphora
Core Yamna + Dnipro-Don Hunter Gatherer descendants			
Don Yamna, 3200-2600 BCE	40% Core Yamna and 60% SSmed	0.237	Yamna from the lower Don were formed on the basis of the same elements as the Core Yamna and Serednii Stih but with more Ukraine Neolithic hunter-gatherer ancestry ⁷
Core Yamna + Steppe Maykop descendants			
I20078 Taraclia II, Kurgan 2, Burial 14, 3340-3034 calBCE	39% Core Yamna and 61% Steppe Maykop	0.432	Late Eneolithic Individual from a ZV/III-C type burial from Moldova was mix of Yamna with Steppe Maykop
I17974 Bursuceni, Kurgan 1 Burial 21, Skeleton 2, 3334-3030 calBCE	82% Core Yamna and 18% Steppe Maykop	0.324	Late Eneolithic Individual from a ZV/III-C type burial from Moldova represents another mixture of Yamna with Steppe Maykop
Yamna + Maykop descendants			
I1917 Ozera Kurgan 18 Burial 14, 3096-2913 calBCE	50% Core Yamna and 50% Maykop	0.345	This individual from Ukraine ⁶ displaying mixed Maykop-Yamna burial traditions had half Maykop ancestry
Mayaky Yamna, 2900-2500 BCE	81% Don Yamna and 19% Maykop	0.424	Three EBA Yamna individuals from Kurgan 1 and a ground burial at the Usatove site of Mayaky ⁵ were a mixture of Don

			Yamna (itself a mixture of Core Yamna and Dniro-Don hunter-gatherers) and Maykop
CLV cline admixing with European Farmers			
I1428 Rilti Kurgan 264, Burial 5, 3360-2890 calBCE	50% Remontnoye and 50% YUN_CA	0.558	Eneolithic individual from Bulgaria who was a mixture of CLV people (PVgroup or Remontnoye) and European farmers such as YUN_CA
CLV cline outlier			
I17973 Bursuceni, Kurgan 1, Burial 21, Skeleton 1, 3354-3103 calBCE	Maykop (?)	0.0025	Late Eneolithic Individual from the same burial as I17974 is related to populations from the Caucasus (Fig. 2) but with some unspecified ancestry

Notes: For admixture dates we give one standard error of uncertainty, as well as a 95% confidence interval computed as ± 1.96 standard errors. For direct dates on the bones we analyzed for DNA, we indicate the 95% calibrated confidence for the date with the suffix “calBCE”; all other dates are archaeologically estimated ranges. ^aBPgroup is a genetically homogeneous group of people from the Lower Volga-North Caucasus Eneolithic (CLV) at the bend between CLV and Volga (EHG-rich) clines (Fig. 2a) from the sites of Berezhnovka and Progress 2 that carries CHG, EHG, and Siberian/Central Asian Neolithic-related ancestries⁷. ^bBalkan farmers of Gumelnița/Karanovo from the Yunatsite site in Bulgaria. ^cPVgroup BP-related group from the CLV cline with more Aknashen (south Caucasus) ancestry than BPgroup represented by individuals from the sites of Berezhnovka and Vonjucka⁷. ^dRemontnoye represents a population composed of a southern ancestry represented by either the Aknashen Neolithic of Armenia or the Bronze Age Maykop and a northern ancestry from a population from the low-EHG end of the Volga Cline such as the BPgroup⁷.

Discussion

This study presents the first comprehensive reconstruction of the population dynamics in the North Pontic steppe and forest steppe, clarifying genetic transformations in this region leading up to and following the emergence of the YAC.

We demonstrate that the Neolithic populations of the Dniro Valley were admixed, roughly with BHG and EHG sources, along with approximately ~7-9% EEF ancestry throughout the UNHG population except for some outliers such as individual I27992 from Yasynyvatka ($27 \pm 6.0\%$ EEF, this report) and an unadmixed EEF individual I3719 from Deriivka I⁶ ($103.5 \pm 1.6\%$ EEF). CHG ancestry is also sporadically present at comparably low levels relative to the EEF ancestry (~7-10%), including in the region most proximate to the North Caucasus in the NPR Neolithic necropolis at Mariupol. The proximal sources of EEF ancestry in UNHGs remain unclear but may have been mediated by BHG migrants in the Dniro Valley or individuals of EEF genetic background such as individual I3719⁶ that were included in UNHG communities.

We infer that the Eneolithic Trypillia population was mainly formed from the sources along the EFHG cline that received limited (~5%) admixture from people that had BPgroup CLV ancestry. Usatove was formed on the basis of PVgroup CLV people evenly intermixing with Trypillian ancestry. The Trypillia and Usatove populations thus both harbored ancestry from near the bend of the Volga-CLV clines (Fig. 2a) and differed from each other in that this ancestry was minor in Trypillia and more BPgroup-related, while comprising approximately half of the Usatove ancestry and being more PVgroup-related (shifted towards the Maykop-Aknashen end of the CLV cline).

The evidence from Usatove and Trypillia clarifies the process of the CLV admixture in the NPR in the Eneolithic. As people bearing the Volga-CLV ancestry moved across the North Pontic

steppe and into the Balkan-Carpathian region, they encountered local farmer populations. Some carriers of Volga-CLV ancestry, as in Giurgiulești and Csongrád, reached the Balkans and Carpathian region with no genetic admixture with the people they encountered along the way; if some migrants did admix, they left little demographic impact, perhaps because they were small in number relative to the local populations. In contrast, their farmer counterparts in the NPR such as Trypillia were more demographically affected, incorporating the Volga-CLV incomers' genetic ancestry as well as elements of their material culture. An intriguing possibility raised by our findings is that Usatove was formed around an outpost in the Danube-Dniester interfluvium to oversee the economic interests of Trypillia, on the one hand, and early carriers of the southern Caucasus-enriched PVgroup of the CLV cline ancestry, on the other. A similar scenario is feasible for the Cernavodă I population of Kartal_A, but with BPgroup-derived carriers of CLV ancestry such as in Giurgiulești and Csongrád individuals. Alternatively, Usatove and Kartal A could have formed as a “commonwealth” of co-existing and interdependent cultures in which Trypillia and populations from the Caucasus-Volga both participated. A third potential scenario places egalitarian Trypillians under the dominance of hierarchically organized patriarchal societies carrying CLV ancestry, extending into the northwestern NPR.

The other great Eneolithic culture of the NPR, the Serebrii Stih, also consisted of people who received varying degrees of CLV and UNHG-related ancestries⁷. The Serebrii Stih cline lacks appreciable EEF ancestry in contrast to Usatove and, especially, Trypillia. The results in⁷ and the current analysis establish the Core Yamna as a late Serebrii Stih-derived population that had more CLV ancestry than the sampled Serebrii Stih individuals but was made of the same CLV and UNHG-GK2 derived components. CLV ancestry comprised only 5% in Trypillia and roughly 50% in Usatove, while in Yamna it was 77%⁷. In Usatove, ca. 14% of CLV ancestry was southern Caucasus Aknashen-related (Supplementary Information, section 2), while in the Core Yamna the Aknashen-related ancestry was ca. 21%, so this was not a single-source CLV migration into the steppe and Pontic region⁷.

Evidence presented in⁷ argues for a YAC origin in the Dnipro-Don area of the northeastern NPR. Yamna ancestry became a feature of almost all individuals in southeast Europe postdating the Yamna expansion, except for the southernmost corner of the Balkan Peninsula in the Aegean^{10,38–40}. The expansion of the YAC eastward brought its bearers to near the foot of the Urals (where the Samara Yamna were sampled) and to west Siberia, where they formed the Afanasievo culture of the Altai.

The existence of unadmixed Core Yamna in a wide area from the Altai to Bulgaria can be seen as evidence of the rapidity of the Yamna expansion, providing little opportunity for admixture during its initial pulse. The question of whether the remarkable homogeneity of the Core Yamna cluster was a consequence of relative isolation during their formative period or a cultural avoidance of heterogamy that was later abandoned, remains to be answered.

During their western expansion, the Yamna absorbed EEF ancestry from the populations of the west-northwest edge of the NPR and southeastern Europe, while at the same time integrating individuals with ancestries from the Don Yamna or the Maykop and Steppe Maykop. Thus, the Yamna variably incorporated ancestries from nearly every encountered group during their expansion pulse. This integrative nature of their communities, coupled with their remarkable

mobility, likely contributed to the Yamna's success in disseminating their Indo-European language and culture across geographic and population boundaries.

The chronologically earliest (3635-3383 calBCE) individual with the Core Yamna ancestry comes from the Mykhailivka settlement displaying a succession of uninterrupted cultural layers from the late Eneolithic to the EBA^{41,42}, without the evidence of site depopulation moving into the Yamna period seen at almost all other Eneolithic sites. In the context of the archaeological evidence, the presented results increase the plausibility of arguments that the lower Dnipro, specifically the area around the Mykhailivka site at a crossroads of ancient steppe "highway" network across the Pontic-Caspian steppe (Supplementary Information, section 1), is a place where Yamna first emerged.

The groups that succeeded Yamna in the NPR in the second half of the 3rd millennium BCE continued to harbor Yamna genetic ancestry, as well as displaying a resurgence of hunter-gatherer ancestry towards the Middle Bronze Age, the latter evidenced by the MCW/B individuals from Ukraine and Romania. The geographic dispersal of individuals with MCW/B genetic ancestry may reflect high mobility of this group, like that of the Yamna but smaller in scale.

The three waves of CLV ancestry expansion in the NPR

Our analysis suggests a history of three partially overlapping waves of CLV migrations into the NPR in the Eneolithic (Table 1). A first and, potentially earliest wave spread before ca. 4500 BCE (the DATES-estimated Trypillia and Usatove genetic ancestry formation), bringing a mostly BPgroup/PVgroup-related pulse from the genetically "northern"/Lower Volga part of the CLV cline. It was associated with Giurgiulești-Csongrád Suvorove-type burials, and left an admixture in Trypillia, Usatove (with participation of the Neolithic Caucasus ancestry), and Kartal_A. A second and more protracted wave carried an intermediate part of the CLV cline, involved a more genetically "intermediate" ancestry (an example of which is Remontnoye) and became associated, in its initial pulse, with the formation of Serednii Stih ca. 4500 BCE. In its westernmost reach, the second wave extended to the northwest NPR, contributing to the formation of Kartal_B, but otherwise remaining largely contained in the Lower Dnipro Valley region, notably during the steppe "hiatus" in the late 5th-early 4th millennium BCE, characterized by a relative lack of archaeological material.

The Core Yamna genetic mixture is estimated to have taken place at 4038±48 BCE (95% C.I.: 3944-4132 BCE)⁷, which is the height of the steppe hiatus inferred from archaeological information. It is unclear whether this date corresponds to an admixture of populations that happened very rapidly, or whether it corresponds to a process that unfolded over generations, in which case the date we estimate is an average. Nonetheless, it does coincide with a sharp climatic shift towards aridity and cooler temperatures. Thus, the steppe hiatus may be a reason for the emergence of the core Yamna ancestry from a nascent SSAC-derived Yamna population that was relatively isolated due to the climatic upheaval.

It is conceivable that the steppe groups of the post-hiatus chronological period (3900-3300 BCE) such as Lower Mykhailivka, Mykhailivka 2 (proto-Yamna), and Konstantinovka in the lower

Don, forming under the increasing influence of the North Caucasus⁴², stem from a SSAC-derived steppe population that became isolated during the climate-influenced hiatus, but re-emerged (now as proto-Yamna) following it. Such a scenario would explain two features in the population history of the Core Yamna: its population bottleneck prior to ca. 3750-3350 BCE⁷, potentially occurring in the context of climatic-induced isolation, and its genetic position at the low-UNHG end of the Dnipro Cline as the result of the proximity and influence of the North Caucasus. Genetically, the Core Yamna can be modeled as a mixture of ~3/4 of the high CLV ancestry subset of Serednii Stih (SShi) and ~1/4 of the genetically intermediate (along the CLV cline) population represented by two individuals from the Manych Depression at Remontnoye (Table 1; ⁷) who date to this key period (4152-3637BCE). In this scenario, the individual from Mykhailivka represents a proto-Yamna population near the geographical origin of the Core Yamna and sampled from the time where its genetic distinctiveness had already appeared. Other early individuals from the NPR, such as Bursuceni and Taraclia II.2.14, also carried the Core Yamna ancestry, while connecting the NPR with other populations of the North Caucasus^{43,44}.

The third wave of CLV ancestry expansion is that of the YAC proper, beginning ca. 3300 BCE and lasting into the middle of the following millennium. All three expansion waves stem from different points on the geographically and genetically diverse CLV cline.

It is remarkable that the three genetic waves of CLV ancestry expansion align, spatially and temporally, with the three waves of Kurgan People proposed by Marija Gimbutas in the 1950s to explain the spread of Indo-European influences and the fall of “Old Europe” (summarized in^{1,45}). In Gimbutas’ theory and in our genetic analysis, the three waves originated in the Lower Volga-North Caucasus area and acted as constituent elements of a single process that unfolded in time and space throughout the Eneolithic and into the Bronze Age, transforming the cultural landscape of Western Eurasia. We must note, however, that Gimbutas envisioned the spread of Kurgan ancestry as a military conquest and emphasized *cultural* transformation of the conquered people encountered by the Kurgan culture bearers. Our results present evidence of massive *genetic* transformations effected by the spread of CLV ancestry during Waves 1 and 2, and especially, with the spread of the Yamna during Wave 3. Such genetic changes must have involved complex cultural dynamics, in which both conflict and peaceful synthesis may have played a role. Future studies can further explore the cultural impact these three expansion waves brought about, informed by the new understanding of the immense genetic impacts that accompanied them.

Conclusion

Our detailed survey of individuals from the Neolithic to Bronze Age in the NPR shows a shifting landscape of ancestry. The earliest inhabitants of the NPR that carried BHG/WHG-EHG-EEF ancestry components had lived there from Paleolithic to Neolithic times. Caucasus ancestry, having made its tentative and sporadic appearance already among the UNHG of the NPR, appears in large proportion among all the Eneolithic NPR populations that followed, derived from the diverse people of the Caucasus-Lower Volga cline who appear in the Lower Danube and its tributaries in central Europe unadmixed, and leaving traces of their ancestry in larger NPR-area populations (as in Trypillia), or as equipotent ancestry contributors (as in Usatove and Kartal_A), and as highly variable clinal populations (as in the Serednii Stih). Many diverse

blends of autochthonous NPR inhabitants and CLV newcomers were formed in which both farmers and hunter-gatherers of the NPR contributed and in which people from different sections of the CLV cline participated (Table 1). The distinctive Serebnii Stih-descended population ancestral to the Core Yamna dominates, after its 4th millennium BCE appearance and subsequent expansion, absorbing and incorporating, in diverse blends of its own (Table 1), ancestries of the people they encountered along the way. The later history of the NPR, in which Cimmerians, Scythians, Greeks, Sarmatians, Turks, Bulgars, and Slavs, and numerous others who made their mark on the cultural and genetic landscape, mirrors the region's more distant past that we study here: a continuous process of transformation and change that not only shaped its modern inheritors, but also played a central role in shaping events across the wider Eurasian continent.

Materials and Methods

Wet laboratory work

In clean rooms where the goal was to protect bones and teeth from contamination by the individuals handling them, we processed human skeletal remains into powder⁴⁶, extracted DNA using a method designed to retain short molecules^{46–48} in some cases using automated liquid handlers⁴⁹, and converted the extracts into double-stranded⁵⁰ and single-stranded⁵¹ libraries, which were molecularly barcoded with appended dual barcodes (for double-stranded libraries) and dual indices (for both double-stranded and single-stranded libraries) to allow them to be pooled together and then bioinformatically deconvoluted at the analysis stage. We enriched the libraries for sequences overlapping more than 1.2 million SNPs as well as the mitochondrial genome⁵², and then sequenced on NextSeq500, HiSeqX, or NovaSeq instruments, targeting on the order of a hundred thousand molecules for unenriched libraries and on the order of 30 million molecules for enriched one. Online Table 2 provides information on each library we analyzed.

Bioinformatic analysis

Following sequencing, we used the identification markers (barcodes and indices) to demultiplex reads into the to the appropriate library, before trimming these and sequence adapters. Paired-end reads were then merged requiring an overlap of at least 15 base pairs (allowing for 1 mismatch), using a modified version of SeqPrep 1.1 (<https://github.com/jstjohn/SeqPrep>); at overlapping bases, we selected the highest quality nucleotide to represent the sequence at that position. We aligned sequences to both the human reference genome sequence (hg19) (<https://www.internationalgenome.org/category/grch37/>) and to the inferred ancestral Reconstructed Sapiens Reference Sequence (RSRS) mitochondrial sequence⁵³, using BWA's samse command⁵⁴. We removed duplicated molecules based on having the same start/stop positions and orientation in their alignment and the same barcodes. The computational pipelines we used are publicly available on GitHub at <https://github.com/dReichLab/ADNA-Tools> and <https://github.com/dReichLab/adna-workflow>. We call variants by using a 'pseudohaploid genotyping' approach, where a single base is randomly selected from a pool of possible bases at each SNP, filtering by a minimum mapping quality of least 10, and base quality of at least 20, trimming each read by two base pairs to remove damage artifacts. To assess ancient DNA authenticity, we used both *contamMix-1.0.1051*⁵⁵ to search for heterogeneity in mitochondrial DNA sequences which are expected to be non-variable in uncontaminated individuals, and ANGSD (ref) to search for heterogeneity in X chromosome sequences which should be non-variable in contaminated male individuals⁵⁶. We also evaluated authenticity by searching for an

increase in cytosine-to-thymine errors in the final nucleotide (in untrimmed reads) which is expected for genuine ancient DNA⁵⁷ and by computing the ratio of Y chromosome to sum of X and Y chromosome sequences which is expected to be very low for females and to have a very much higher value for males. We determined a consensus sequence for mitochondrial DNA using *bcftools* (<https://github.com/samtools/bcftools>) and *SAMTools*⁵⁸ requiring a minimum of 2-fold coverage to call the nucleotide and a majority rule to determine its value. We used *HaploGrep2* to determine the mitochondrial haplogroups based on this consensus sequence, leveraging the phylotree database (mtDNA tree build 17)⁵⁹.

Population genetic analysis

We performed principal components in smartpca²³ using lsqproject: YES and newshrink: YES parameters and the populations OberkasselCluster (set of trans-Alpine WHG individuals identified in²⁶), Russia_Firsovo_N, Iran_HajjiFiruz_C⁹, Iran_C_SehGabi⁶⁰, Iran_C_TepeHissar⁶¹, Israel_C⁶², Germany_EN_LBK^{3,12,28,63} to form the axes (Fig. 2). We used qpWave and qpAdm^{3,64} to test whether $n+1$ “left” populations (one Test and n sources) are consistent with descending from n ancestral sources with respect to a set of Right populations as in⁷ (OldAfrica^{65–67}, Russia_AfontovaGora3⁶⁸, CHG⁶⁹, Iran_GanjDareh_N⁶⁰, Italy_Villabruna⁶⁸, Russia_Sidelkino.SG⁸, Turkey_N²⁸).

We performed unsupervised ADMIXTURE analysis⁷⁰ using a new methodology of “summary individuals” (SI) that prevents the formation of population-specific ancestry components, as a complementary approach (other than qpAdm) to assess the ancestry of diverse population from the NPR and neighboring regions (Fig. 2b).

We dated the admixture time of Usatove-related populations (individuals from Mayaky presented in this report and from Mayaky (MAJ) and Usatove-Velykyj Kuyalnik (USV) from⁵) and Trypillians, using DATES³⁵ to infer the number of generations prior to the ¹⁴C date of the studied individuals, and converted to a calendar date assuming 28 years per generation⁷¹. Uncertainty ranges reflect the standard error computed by DATES and not the uncertainty of the average ¹⁴C date of admixed individuals.

Acknowledgments

The authors thank David Anthony for a critical review of a manuscript draft; Natalya Burdo, Yuri Rassamakin, and Sergey Razumov for stimulating discussions; Sergey Agulnikov, Joachim Burger, Elke Kaiser, Vitali Sinica, Mykhailo Sokhatsky, and Evgenii Yarovoy for sharing samples, Iñigo Olalde for bioinformatic support, and Rebecca Bernardos, Nasreen Broomandkhoshbacht, Nicole Adamski, Matthew Ferry, Ilana Greenslade, Zhao Zhang, and Kristen Stewardson for technical support. We acknowledge the contribution of Ukrainian archaeologists Mykola Makarenko (1877-1938) and Dmytro Telegin (1919-2011) as leaders of the excavations that produced many of the samples featured in this report and for providing the theoretical groundwork that inspired many of the hypotheses tested here.

Data Availability

Genotype data for individuals included in this study can be obtained from the Harvard Dataverse repository through the following link (XXX). The DNA sequences reported in this paper have been deposited in the European Nucleotide Archive under the accession number XXX. Other

newly reported data such as radiocarbon dates and archaeological context information are included in the manuscript and supplementary files.

Author Contributions

AGN, IL, SI, VD, ML, IP, and DR conceived the study. AGN, IL, NP, and DR supervised data analysis. AGN, SS, VR, and DR secured funding for the study. AGN, SI, MV, VD, NK, ML, IP, MK-N, SL, SM, HS, GS, and TT provided samples for the study. IL, NP, and DR supervised or performed statistical analyses. AGN, VR, SS, KC, EC, EH, LI, AML, MeM, MaM, AM, JO, LQ, JNW, FZ, SwM, and NR performed laboratory and bioinformatic analyses. AGN and AK curated the samples. NP, ML, NK, SM, SL, HS, SS, PW, and DR critically reviewed and edited manuscript files. AGN and IL wrote the manuscript with input from all co-authors.

Financial Disclosure

The research was supported by GVSU Faculty Development, Student Research, and Open Access funds to AGN and SS. We acknowledge support from the National Science Foundation (grants BCS-0922374 and BCS-2208558 supporting VR); the National Institutes of Health (HG012287); the John Templeton Foundation (grant 61220); from Jean-Francois Clin; from the Allen Discovery Center, a Paul G. Allen Frontiers Group advised program of the Paul G. Allen Family Foundation (D.R.); and from the Howard Hughes Medical Institute (D.R.). The author-accepted version of this article, that is, the version not reflecting proofreading and editing and formatting changes following the article's acceptance, is subject to the Howard Hughes Medical Institute (HHMI) Open Access to Publications policy, as HHMI lab heads have previously granted a nonexclusive CC BY 4.0 license to the public and a sublicensable license to HHMI in their research articles. Pursuant to those licenses, the author-accepted manuscript can be made freely available under a CC BY 4.0 license immediately upon publication.

Conflict of Interest Statement

The authors declare no competing interests.

Ethics Statement

All applicable regulations were followed when handling human remains both in the lab and in the field. All samples originating from Ukraine were excavated or sampled from museum or archival collections in Ukraine prior to 2022. Authors obtained consent, when available, from the individuals who conducted the excavations, who are either co-authors of the study or are acknowledged for their contribution. Human remains were processed using a minimal amount of skeletal material with the goal of minimizing damage. The open-access publication of the results of this study ensures unrestricted access to the results by specialists as well as the general public. Geographic names as well as names of archaeological groups were transliterated following their spelling in the countries from which samples originate. Geographic boundaries of political entities were respected following international law.

Extended Data Table 1. Statistics of the form $f_3(\text{Source}_1, \text{Source}_2; \text{Test})$. The statistic with the lowest Z-score of all the considered pairs is shown. This is the same as Table S3 in the supplement.

Test	Source1	Source2	$f_3(\text{Source}_1, \text{Source}_2; \text{Test})$	Z-score
BOY_EBA	TTK	Trypillia	-0.016097	-7.0
Bulgaria_EBA_Yamna	Russia_Karelia	YUN_CA	-0.011836	-9.2
CoreYamna	Maykop	Russia_Karelia	-0.006310	-13.6
GlobularAmphora	Serbia_IronGates_Mesolithic	YUN_CA	-0.005914	-8.2
KTL_A	Russia_Karelia	YUN_CA	-0.014186	-17.5
KTL_B	Russia_Karelia	YUN_CA	-0.009922	-9.1
MAJ	Russia_Karelia	YUN_CA	-0.009438	-12.7
MAJ_EBA	GlobularAmphora	TTK	0.004403	1.6
Moldova_EBA_Yamna	Maykop	Russia_Karelia	-0.007198	-10.0
PIE_CA	Serbia_IronGates_Mesolithic	YUN_CA	-0.002351	-6.9
PTK_CA	TTK	YUN_CA	0.001444	0.3
Romania_LN_Eneol	Armenia_Aknashen_N	Serbia_IronGates_Mesolithic	0.002525	0.5
SShi	Armenia_Aknashen_N	Russia_Karelia	-0.010140	-6.3
SSmed	BPgroup	Serbia_IronGates_Mesolithic	-0.012501	-10.6
Trypillia	Serbia_IronGates_Mesolithic	YUN_CA	-0.008350	-23.8
Ukraine_Derivka_Mes	Russia_Karelia	Serbia_IronGates_Mesolithic	-0.003244	-1.3
Ukraine_EBA_Catacomb	Armenia_Aknashen_N	Russia_Karelia	-0.022783	-1.7
Ukraine_EBA_Yamna	Maykop	Russia_Karelia	-0.009610	-8.1
Ukraine_MBA_MultiCordonedWare_Babyne	GK2	YUN_CA	-0.017018	-2.5
Ukraine_N	Russia_Karelia	Serbia_IronGates_Mesolithic	-0.007871	-17.2
Ukraine_Vasilevka	Serbia_IronGates_Mesolithic	TTK	-0.005716	-3.0
Usatove	Russia_Karelia	YUN_CA	-0.008941	-10.1
USV	Russia_Karelia	YUN_CA	-0.011918	-12.0
VAR_CA	Serbia_IronGates_Mesolithic	YUN_CA	-0.003861	-9.3
YUN_EBA	Serbia_IronGates_Mesolithic	YUN_CA	-0.001677	-2.6

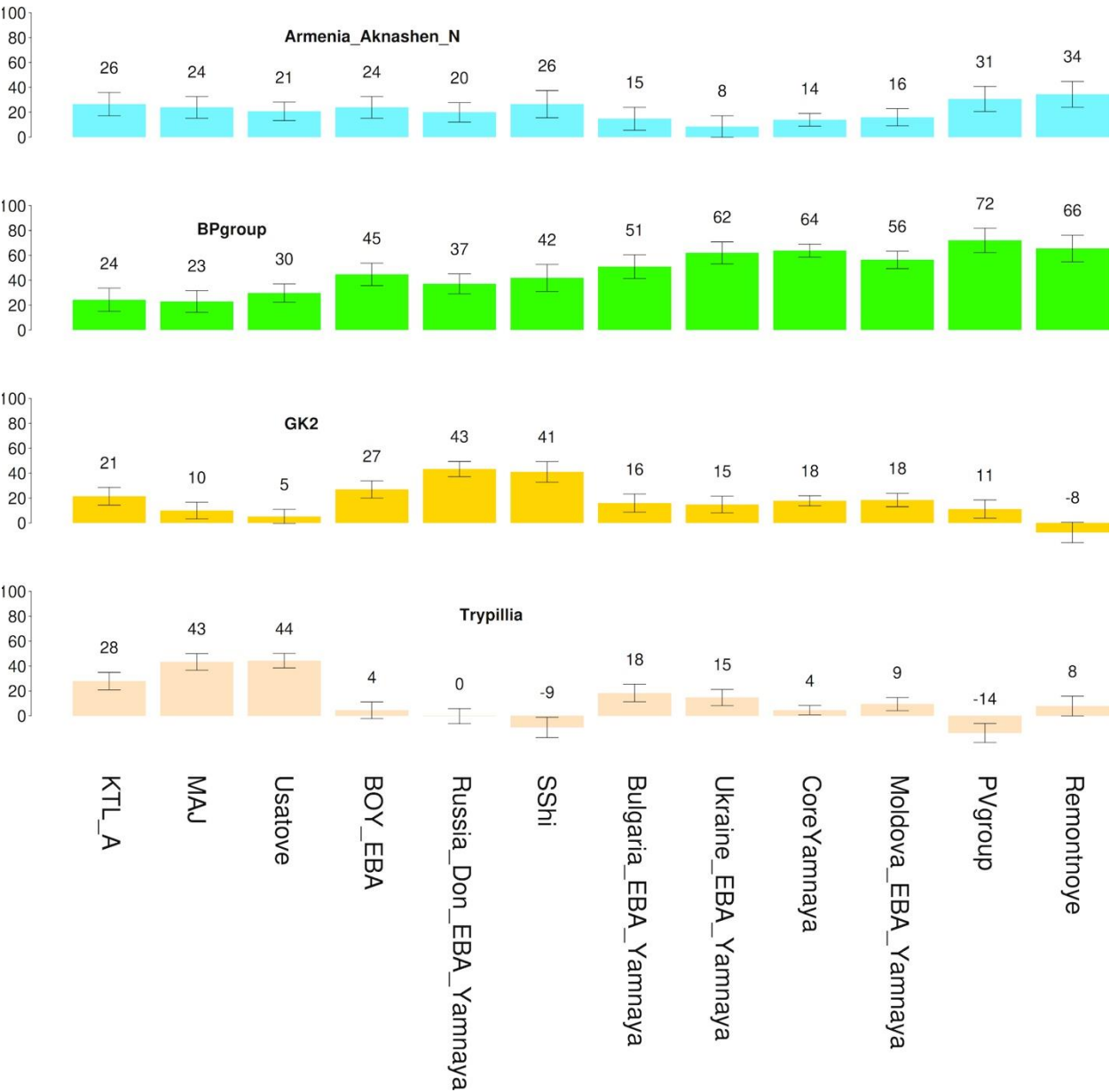
Extended Data Table 2. Ancestry of Ukraine Neolithic individuals. EHG=Lebyazhinka_HG; BHG=Serbia_IronGates_Mesolithic; CHG=Caucasus_Hunter_Gatherer. We include close relatives and outliers. These are the same as Tables S46 and S47 in the supplement.

Modeling Ukraine Neolithic individuals with LBK as a source									
Individual	P-value	Proportions			Std. errors			Z-score of LBK	Population Label
		LBK	EHG	BHG	LBK	EHG	BHG		
I5878_enhanced	1.22E-01	9.7%	58.3%	32.0%	2.4%	3.7%	4.1%	4.0	Ukraine_N father.or.son.I5883
I5886_enhanced	5.56E-04	7.4%	58.1%	34.4%	1.9%	3.3%	3.5%	3.9	Ukraine_N
I5886_published	2.23E-02	9.6%	57.6%	32.7%	3.0%	4.6%	5.0%	3.2	Ukraine_N
I5892	3.59E-01	3.2%	57.2%	39.6%	2.7%	4.1%	4.6%	1.2	Ukraine_N
I5870	6.63E-01	7.8%	56.2%	36.0%	2.3%	3.7%	3.9%	3.4	Ukraine_N
I3716_published	2.61E-01	8.7%	56.1%	35.2%	2.7%	4.8%	5.0%	3.2	Ukraine_N
I31730	3.72E-03	6.5%	54.9%	38.5%	2.3%	3.9%	4.1%	2.8	Ukraine_N
I1736	8.22E-01	6.5%	54.8%	38.7%	1.9%	3.2%	3.4%	3.4	Ukraine_N
I27992	3.95E-01	27.0%	54.5%	18.5%	6.0%	9.5%	10.6%	4.5	Ukraine_N I27992
I3720	1.00E-01	5.8%	53.8%	40.4%	3.6%	5.3%	5.7%	1.6	Ukraine_N
I5872_published	6.42E-01	10.1%	53.2%	36.7%	3.0%	4.3%	4.8%	3.4	Ukraine_N
I3717	6.08E-01	9.4%	53.1%	37.5%	2.0%	3.3%	3.5%	4.7	Ukraine_N
I6133_published	2.55E-01	1.9%	52.5%	45.7%	3.8%	6.0%	6.7%	0.5	Ukraine_N
I5957_published	8.41E-01	3.7%	52.5%	43.8%	3.0%	5.0%	5.5%	1.2	Ukraine_N
I5869	5.99E-01	10.4%	51.9%	37.7%	2.7%	4.5%	5.0%	3.9	Ukraine_N 1d.rel.I5870
I3713_published	9.28E-02	5.8%	51.4%	42.8%	3.4%	5.5%	6.0%	1.7	Ukraine_N
I1732	3.43E-01	3.5%	51.4%	45.1%	1.8%	3.1%	3.3%	1.9	Ukraine_N
I1378_enhanced	5.91E-02	4.0%	51.4%	44.6%	2.2%	3.8%	4.0%	1.8	Ukraine_N son.I1732
I3715	3.50E-01	5.1%	51.1%	43.8%	1.8%	3.5%	3.7%	2.8	Ukraine_N
I5888_enhanced	2.30E-02	6.3%	50.9%	42.9%	1.8%	3.0%	3.3%	3.5	Ukraine_N father.or.son.I5875
I27982	1.80E-03	11.9%	50.9%	37.2%	4.8%	7.5%	8.0%	2.5	Ukraine_N
I27994	2.39E-01	7.6%	50.8%	41.6%	2.0%	3.1%	3.3%	3.8	Ukraine_N
I5883	6.50E-01	7.2%	50.4%	42.4%	2.5%	3.9%	4.3%	2.9	Ukraine_N
I4112_enhanced	3.14E-02	6.4%	50.2%	43.4%	2.1%	3.7%	3.7%	3.0	Ukraine_N dup.I4112
I5889_published	3.31E-01	10.2%	50.0%	39.8%	3.6%	5.4%	5.6%	2.8	Ukraine_N
I3721	5.35E-01	15.2%	49.6%	35.3%	3.1%	5.0%	5.2%	4.9	Ukraine_N
I5893_enhanced	5.52E-01	4.0%	48.9%	47.1%	2.3%	3.5%	3.8%	1.7	Ukraine_N 1d.rel.I5881
I3714	4.43E-01	8.1%	48.8%	43.1%	2.6%	4.0%	4.5%	3.1	Ukraine_N
I5879	9.33E-01	5.0%	48.7%	46.3%	2.5%	4.2%	4.4%	2.0	Ukraine_N father.or.son.I3718
I5891_enhanced	2.98E-01	2.6%	48.3%	49.0%	2.9%	4.4%	5.0%	0.9	Ukraine_N 1d.rel.I4114
I3712_published	9.16E-01	14.3%	47.7%	38.1%	3.4%	5.2%	5.7%	4.2	Ukraine_N
I5875	2.34E-01	7.0%	46.8%	46.2%	1.9%	3.3%	3.5%	3.7	Ukraine_N
I1734	8.96E-01	7.2%	46.8%	46.0%	1.9%	3.0%	3.2%	3.8	Ukraine_N
I4114	7.20E-01	7.3%	46.0%	46.7%	1.9%	2.9%	3.1%	3.8	Ukraine_N
I5873_published	7.85E-01	12.3%	45.9%	41.8%	4.9%	7.9%	8.2%	2.5	Ukraine_N
I5881_published	8.66E-01	5.6%	45.8%	48.6%	3.0%	5.1%	5.4%	1.9	Ukraine_N
I4112_published	3.76E-01	7.6%	45.6%	46.8%	3.5%	5.6%	5.7%	2.2	Ukraine_N
I4111	2.08E-02	8.6%	45.1%	46.3%	1.8%	3.0%	3.3%	4.8	Ukraine_N
I1738	2.69E-03	5.8%	44.1%	50.2%	1.8%	3.2%	3.4%	3.2	Ukraine_N
I5890	2.39E-01	7.9%	43.7%	48.4%	2.0%	3.4%	3.8%	4.0	Ukraine_N
I5881_enhanced	4.98E-02	8.2%	43.2%	48.6%	1.8%	3.1%	3.3%	4.6	Ukraine_N
I3718	6.34E-01	8.0%	42.9%	49.1%	1.9%	3.1%	3.4%	4.2	Ukraine_N
I27990	2.40E-01	10.3%	39.5%	50.2%	2.7%	4.7%	4.9%	3.8	Ukraine_N
I5868_published	7.67E-01	12.5%	38.1%	49.4%	4.8%	7.8%	8.5%	2.6	Ukraine_N
I3719_enhanced	9.27E-01	103.5%	4.2%	-7.6%	1.6%	2.2%	2.4%	64.7	Ukraine_N Deriivka I3719
Modeling Ukraine Neolithic individuals with CHG as a source									
Individual	P-value with LBK	P-value with CHG		CHG	EHG	BHG	CHG	EHG	BHG
I5886_enhanced		5.60E-04	2.20E-03	8.50%	50.80%	40.70%	2.50%	3.70%	2.90%
I5886_published		2.20E-02	4.70E-02	13.10%	47.60%	39.40%	3.90%	6.00%	4.70%
I31730		3.70E-03	9.30E-02	7.40%	48.30%	44.40%	2.80%	4.50%	3.70%
I5888_enhanced		2.30E-02	1.10E-02	6.50%	45.60%	47.90%	2.20%	3.70%	3.10%
I27982		1.80E-03	1.00E-03	16.70%	38.20%	45.10%	6.50%	9.90%	7.40%
I4112_enhanced		3.10E-02	2.00E-02	7.10%	44.40%	48.50%	2.80%	4.30%	3.30%
I4111		2.10E-02	1.80E-03	7.90%	39.80%	52.40%	2.30%	3.60%	3.10%
I1738		2.70E-03	2.30E-01	10.20%	37.10%	52.70%	2.20%	3.40%	3.10%
I5881_enhanced		5.00E-02	3.90E-04	6.90%	39.60%	53.50%	2.30%	3.50%	3.20%

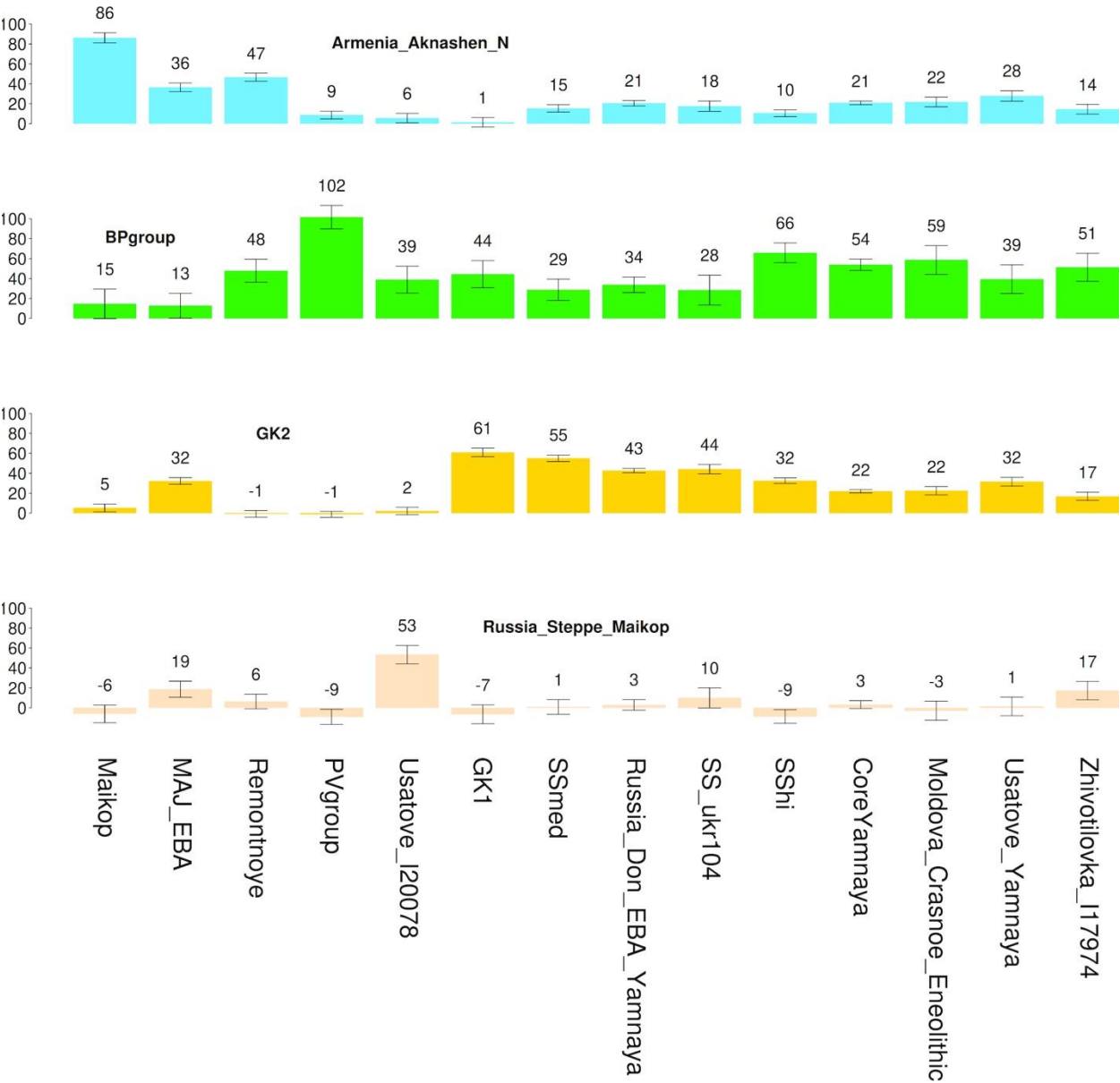
Extended Data Table 3. By-individual modeling of Trypillians. This is the same as Table S19 in the supplement.

		Proportions			Std. errors			
		BPgroup	Iron Gates	YUN_CA	BPgroup	Iron Gates	YUN_CA	Z-score of BPgroup
Trypillian individual	P-value							
I2111_enhanced	0.6637	-5.1%	20.4%	84.7%	3.7%	3.4%	3.3%	-1.4
VERT117_wNonUDG.SG	0.0863	-3.9%	14.9%	89.0%	2.6%	2.5%	2.3%	-1.5
I7586	0.3971	-1.4%	14.3%	87.1%	2.3%	2.2%	2.1%	-0.6
VERT029_wNonUDG.SG	0.3637	0.6%	13.5%	86.0%	2.3%	2.2%	2.0%	0.3
VERT035_wNonUDG.SG	0.0279	0.9%	17.8%	81.4%	2.4%	2.1%	2.1%	0.4
VERT028_wNonUDG.SG	0.1660	1.0%	15.8%	83.1%	2.5%	2.2%	2.1%	0.4
VERT100B_wNonUDG.SG	0.2974	1.7%	15.2%	83.0%	2.3%	2.1%	2.1%	0.7
I1929	0.5967	1.8%	14.7%	83.5%	6.6%	5.7%	5.2%	0.3
I13064	0.1473	3.0%	14.9%	82.1%	2.2%	2.1%	1.9%	1.4
VERT030_wNonUDG.SG	0.1079	3.2%	12.7%	84.1%	2.4%	2.2%	2.0%	1.3
VERT115_wNonUDG.SG	0.3177	3.4%	14.2%	82.3%	3.0%	2.7%	2.6%	1.1
VERT106C_wNonUDG.SG	0.9459	3.5%	15.5%	81.1%	3.1%	2.7%	2.7%	1.1
VERT015_wNonUDG.SG	0.0019	3.8%	13.5%	82.7%	2.3%	2.1%	2.0%	1.7
VERT033_wNonUDG.SG	0.0606	3.9%	12.2%	83.9%	2.6%	2.3%	2.2%	1.5
VERT107_wNonUDG.SG	0.0914	3.9%	17.4%	78.7%	2.3%	2.2%	2.0%	1.7
I7584	0.3849	5.1%	12.6%	82.2%	5.0%	4.4%	4.1%	1.0
I2110	0.4913	5.3%	13.5%	81.1%	2.4%	2.3%	2.2%	2.2
VERT105B_wNonUDG.SG	0.0105	5.4%	12.3%	82.3%	2.5%	2.3%	2.1%	2.2
VERT111_wNonUDG.SG	0.0004	5.5%	10.2%	84.3%	2.7%	2.5%	2.3%	2.0
I1926_enhanced	0.3223	5.9%	16.0%	78.1%	2.3%	2.3%	2.1%	2.6
VERT104B_wNonUDG.SG	0.2516	5.9%	12.0%	82.2%	2.4%	2.0%	2.0%	2.5
I3151_enhanced	0.4581	6.1%	14.8%	79.1%	3.9%	3.6%	3.3%	1.6
VERT118_wNonUDG.SG	0.3989	7.1%	12.2%	80.7%	2.6%	2.3%	2.2%	2.7
I7920	0.1891	7.5%	13.5%	79.0%	2.4%	2.0%	2.1%	3.1
VERT103B_wNonUDG.SG	0.0252	8.2%	10.6%	81.2%	2.6%	2.2%	2.2%	3.2
I7923	0.7187	9.2%	15.3%	75.5%	5.6%	5.1%	4.2%	1.6
VERT031_wNonUDG.SG	0.5192	13.5%	11.5%	75.0%	2.5%	2.2%	2.2%	5.4
I20069	0.0926	25.8%	9.9%	64.3%	2.4%	2.2%	2.1%	10.8

Extended Data Figure 1. Admixture proportions of 4-source model with Trypillians as the 4th source. Plotted populations fit the model ($p>0.05$) and have RMSE of standard errors $\leq 10\%$. ± 1 S.E. are shown.



Extended Data Figure 2. Admixture proportions of 4-source model with Steppe Maikop as the 4th source. Plotted populations fit the model ($p>0.05$) and have RMSE of standard errors $\leq 10\%$. ± 1 S.E. are shown.



References

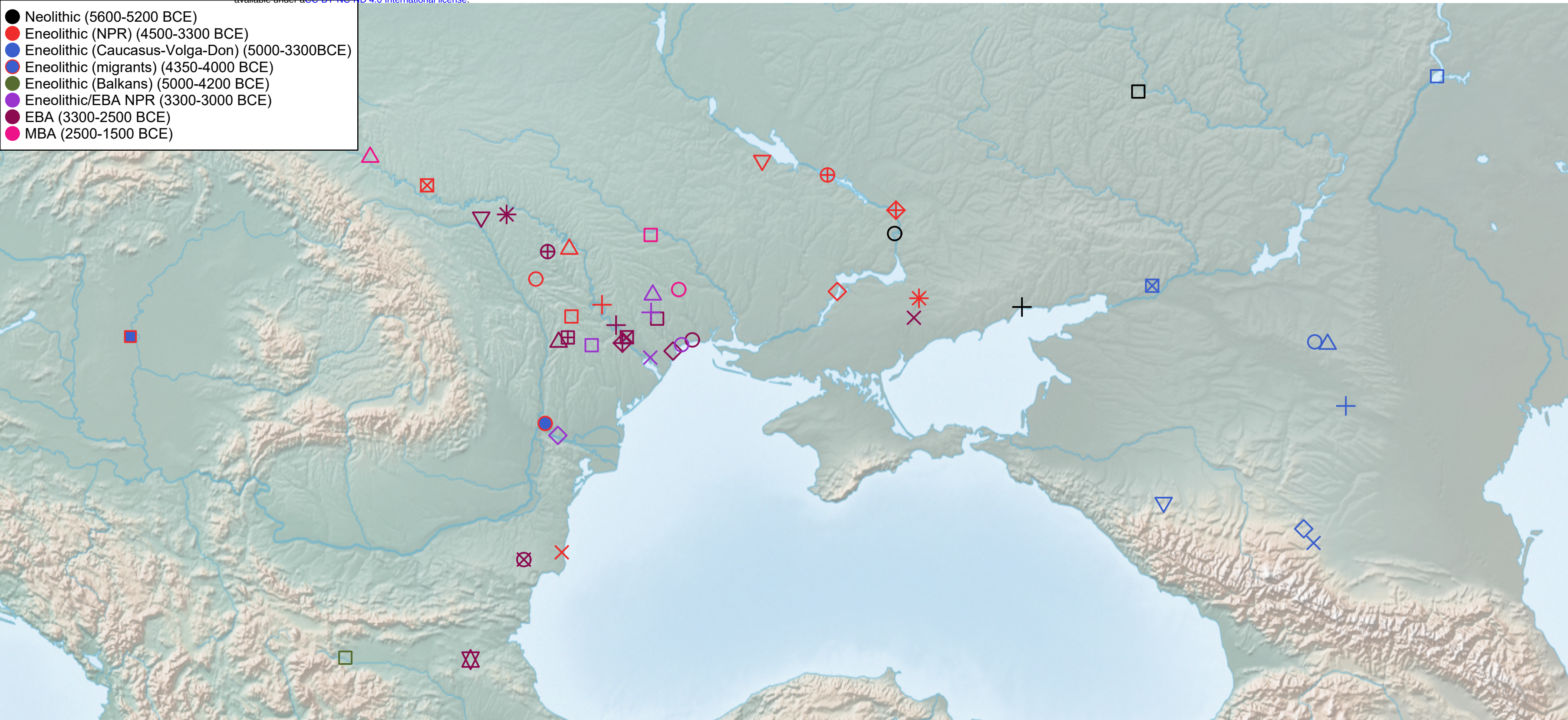
1. Gimbutas, M. A. Three Waves of the Kurgan People into Old Europe, 4500-2500 B.C. *Journal of Indo-European Studies* **18**, 240–268 (1997).
2. Anthony, D. W. *The Horse, the Wheel, and Language: How Bronze-Age Riders from the Eurasian Steppes Shaped the Modern World*. (Princeton University Press, Princeton and Oxford, 2007).
3. Haak, W. *et al.* Massive migration from the steppe was a source for Indo-European languages in Europe. *Nature* **522**, 207–11 (2015).
4. Allentoft, M. E. *et al.* Population genomics of Bronze Age Eurasia. *Nature* **522**, 167–172 (2015).
5. Penske, S. *et al.* Early contact between late farming and pastoralist societies in southeastern Europe. *Nature* **620**, 358–365 (2023).
6. Mathieson, I. *et al.* The genomic history of southeastern Europe. *Nature* **555**, 197–203 (2018).
7. Lazaridis, I., Patterson, N., Anthony, D. & & others. *The Genetic Origin of the Indo-Europeans. in Submission*. (2024).
8. de Barros Damgaard, P. *et al.* The first horse herders and the impact of early Bronze Age steppe expansions into Asia. *Science* (1979) eaar7711 (2018) doi:10.1126/science.aar7711.
9. Narasimhan, V. M. *et al.* The formation of human populations in South and Central Asia. *Science* (1979) **365**, (2019).
10. Lazaridis, I. *et al.* The genetic history of the Southern Arc: A bridge between West Asia and Europe. *Science* (1979) **377**, (2022).
11. Kroonen, G., Jakob, A., Palmér, A. I., van Sluis, P. & Wigman, A. Indo-European cereal terminology suggests a Northwest Pontic homeland for the core Indo-European languages. *PLoS One* **17**, e0275744 (2022).
12. Lipson, M. *et al.* Parallel palaeogenomic transects reveal complex genetic history of early European farmers. *Nature* **551**, 368–372 (2017).
13. Nikitin, A. G., Videiko, M., Patterson, N., Renson, V. & Reich, D. Interactions between Trypillian farmers and North Pontic forager-pastoralists in Eneolithic central Ukraine. *PLoS One* **18**, e0285449 (2023).
14. Burdo, N. B. Kul’turno-istoricheskiye kontakty ranne-tripol’skikh plemen. in *Drevneyshiye obshchnosti zemledel’tsev i skotovodov Severnogo Prichernomor’ya (V tys. do n.e. — V vek n.e.)* (ed. Yarovoy, E. V.) 49–51 (Nauchno-issledovatel’skaya laboratoriya «Arkheologiya» PGU im. T.G. Shevchenko, Tiraspol’, 2002).
15. Nikitin, A. G. *et al.* Mitochondrial DNA analysis of Eneolithic Trypillians from Ukraine reveals Neolithic farming genetic roots. *PLoS One* **12**, e0172952 (2017).
16. Nikitin, A. G., Sokhatsky, M. P., Kovaliukh, M. M. & Videiko, M. Y. Comprehensive Site Chronology and Ancient Mitochondrial DNA Analysis from Verteba Cave – a Trypillian Culture Site of Eneolithic Ukraine. *Interdisciplinaria Archaeologica. Natural Sciences in Archaeology*. **1**, 9–18 (2010).
17. Gelabert, P. *et al.* Genomes from Verteba cave suggest diversity within the Trypillians in Ukraine. *Sci Rep* **12**, 7242 (2022).
18. Mattila, T. M. *et al.* Genetic continuity, isolation, and gene flow in Stone Age Central and Eastern Europe. *Commun Biol* **6**, 793 (2023).

19. Kotova, N. S. *Early Eneolithic in the Pontic Steppes*. (British Archaeological Reports, Oxford, UK, 2008).
20. Telegin, D. Y. *Neoliticheskiye Mogil'niki Mariupol'skogo Tipa*. (Naukova Dumka, Kiev, 1991).
21. Telegin, D. Y. Keramika rann'oho eneolitu typu Zasukha v lisostepovomu Livoberezhzhi Ukrayiny. *Arkheolohiya* **64**, 73–84 (1988).
22. Nielsen, R. *et al.* Tracing the peopling of the world through genomics. *Nature* **541**, 302–310 (2017).
23. Patterson, N., Price, A. L. & Reich, D. Population structure and eigenanalysis. *PLoS Genet* (2006) doi:10.1371/journal.pgen.0020190.
24. Ecsedy, I. *The People of the Pit-Grave Kurgans in Eastern Hungary*. (Akadémiai Kiadó, Budapest, 1979).
25. Govedarica, B. *Zepterträger, Herrscher Der Steppen: Die Frühen Ockergräber Des Älteren Äneolithikums Im Karpatenbalkanischen Gebiet Und Im Steppenraum Südost-Und Osteuropas*. (Verlag Philipp von Zabern, Mainz am Rhein, 2004).
26. Posth, C. *et al.* Palaeogenomics of Upper Palaeolithic to Neolithic European hunter-gatherers. *Nature* **615**, 117–126 (2023).
27. Haskevych, D. Late Mesolithic Individuals of the Danube Iron Gates Origin on the Dniro River Rapids (Ukraine)? Archaeological and Bioarchaeological Records. *Open Archaeology* **8**, 1138–1169 (2022).
28. Mathieson, I. *et al.* Genome-wide patterns of selection in 230 ancient Eurasians. *Nature* **528**, 499–503 (2015).
29. Lazaridis, I. *et al.* Ancient DNA from Mesopotamia suggests distinct Pre-Pottery and Pottery Neolithic migrations into Anatolia. *Science* (1979) **377**, 982–987 (2022).
30. Skoglund, P. *et al.* Genomic Diversity and Admixture Differs for Stone-Age Scandinavian Foragers and Farmers. *Science* (1979) **344**, 747–750 (2014).
31. Malmström, H. *et al.* The genomic ancestry of the Scandinavian Battle Axe Culture people and their relation to the broader Corded Ware horizon. *Proceedings of the Royal Society B: Biological Sciences* **286**, 20191528 (2019).
32. Coutinho, A. *et al.* The Neolithic Pitted Ware culture foragers were culturally but not genetically influenced by the Battle Axe culture herders. *Am J Phys Anthropol* **172**, 638–649 (2020).
33. Allentoft, M. E. *et al.* Population genomics of post-glacial western Eurasia. *Nature* **625**, 301–311 (2024).
34. Patterson, N. *et al.* Ancient Admixture in Human History. *Genetics* **192**, 1065–1093 (2012).
35. Chintalapati, M., Patterson, N. & Moorjani, P. The spatiotemporal patterns of major human admixture events during the European Holocene. *Elife* **11**, (2022).
36. Wang, C.-C. *et al.* Ancient human genome-wide data from a 3000-year interval in the Caucasus corresponds with eco-geographic regions. *Nat Commun* **10**, 590 (2019).
37. Järve, M. *et al.* Shifts in the Genetic Landscape of the Western Eurasian Steppe Associated with the Beginning and End of the Scythian Dominance. *Current Biology* **29**, 2430–2441.e10 (2019).
38. Lazaridis, I. *et al.* Genetic origins of the Minoans and Mycenaeans. *Nature* (2017) doi:10.1038/nature23310.

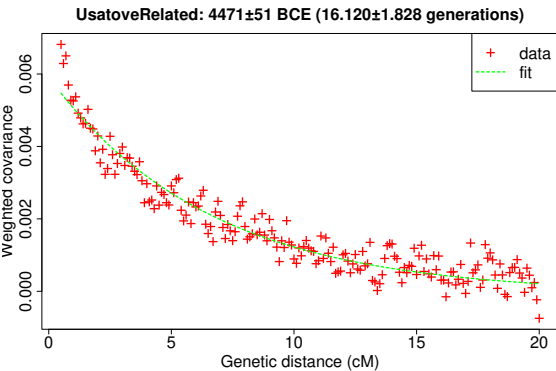
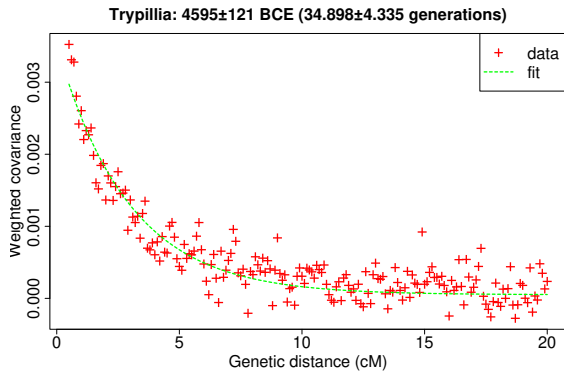
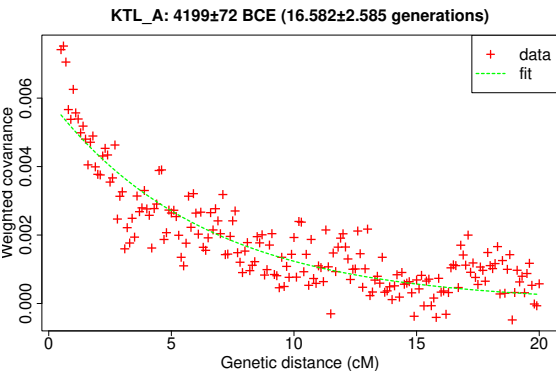
39. Skourtanioti, E. *et al.* Ancient DNA reveals admixture history and endogamy in the prehistoric Aegean. *Nat Ecol Evol* (2023) doi:10.1038/s41559-022-01952-3.
40. Clemente, F. *et al.* The genomic history of the Aegean palatial civilizations. *Cell* **184**, 2565–2586.e21 (2021).
41. Korobkova, G. F. & Shaposhnikova, O. G. *Poselenie Mikhailovka: Etalonnyj Pamyatnik Drevneyamnoj Kultury*. (Evropejskij Dom, St. Petersburg, 2005).
42. Kotova, N. S. *Dereivskaya Kul'tura i Pamyatniki Nizhnemikhaylovskogo Tipa*. (Maidan, Kiev, Kharkov, 2013).
43. Ivanova, S., Nikitin, A. G. & Kiosak, D. Pendulum migrations in the Circum-Pontic steppe and Central Europe during the Paleometal Epoch and the problem of genesis of the Yamna culture. *Archeologia* **26**, 101–146 (2018).
44. Nikitin, A. G. & Ivanova, S. Long-distance exchanges along the Black Sea coast in the Eneolithic and the steppe genetic ancestry problem. in *Steppe Transmissions* (eds. Preda-Bălănică, B. & Ahola, M.) 9–27 (Archaeolingua, Budapest, 2023). doi:10.33774/coe-2022-7m315.
45. Gimbutas, M. The Indo-Europeanization of Europe: the intrusion of steppe pastoralists from south Russia and the transformation of Old Europe. *WORD* **44**, 205–222 (1993).
46. Dabney, J. *et al.* Complete mitochondrial genome sequence of a Middle Pleistocene cave bear reconstructed from ultrashort DNA fragments. *Proceedings of the National Academy of Sciences* **110**, 15758–15763 (2013).
47. Korlević, P. *et al.* Reducing microbial and human contamination in DNA extractions from ancient bones and teeth. *Biotechniques* **59**, (2015).
48. Rohland, N., Harney, E., Mallick, S., Nordenfelt, S. & Reich, D. Partial uracil-DNA-glycosylase treatment for screening of ancient DNA. *Philosophical Transactions of the Royal Society B: Biological Sciences* **370**, 20130624–20130624 (2014).
49. Rohland, N., Glocke, I., Aximu-Petri, A. & Meyer, M. Extraction of highly degraded DNA from ancient bones, teeth and sediments for high-throughput sequencing. *Nat Protoc* **13**, 2447–2461 (2018).
50. Prendergast, M. E. *et al.* Ancient DNA reveals a multistep spread of the first herders into sub-Saharan Africa. *Science* (1979) **365**, (2019).
51. Gansauge, M.-T., Aximu-Petri, A., Nagel, S. & Meyer, M. Manual and automated preparation of single-stranded DNA libraries for the sequencing of DNA from ancient biological remains and other sources of highly degraded DNA. *Nat Protoc* **15**, 2279–2300 (2020).
52. Fu, Q. *et al.* An early modern human from Romania with a recent Neanderthal ancestor. *Nature* **524**, 216–219 (2015).
53. Behar, D. M. *et al.* A “Copernican” Reassessment of the Human Mitochondrial DNA Tree from its Root. *The American Journal of Human Genetics* **90**, 675–684 (2012).
54. Li, H. & Durbin, R. Fast and accurate long-read alignment with Burrows-Wheeler transform. *Bioinformatics* (2010) doi:10.1093/bioinformatics/btp698.
55. Fu, Q. *et al.* A revised timescale for human evolution based on ancient mitochondrial genomes. *Current Biology* **23**, 553–559 (2013).
56. Korneliussen, T. S., Albrechtsen, A. & Nielsen, R. ANGSD: Analysis of Next Generation Sequencing Data. *BMC Bioinformatics* **15**, 356 (2014).
57. Briggs, A. W. *et al.* Removal of deaminated cytosines and detection of in vivo methylation in ancient DNA. *Nucleic Acids Res* **38**, e87–e87 (2010).

58. Li, H. *et al.* The Sequence Alignment/Map format and SAMtools. *Bioinformatics* **25**, 2078–2079 (2009).
59. Weissensteiner, H. *et al.* HaploGrep 2: mitochondrial haplogroup classification in the era of high-throughput sequencing. *Nucleic Acids Res* (2016) doi:10.1093/nar/gkw233.
60. Lazaridis, I. *et al.* Genomic insights into the origin of farming in the ancient Near East. *Nature* **536**, 419–424 (2016).
61. Shinde, V. *et al.* An Ancient Harappan Genome Lacks Ancestry from Steppe Pastoralists or Iranian Farmers. *Cell* **179**, 729–735.e10 (2019).
62. Harney, É. *et al.* Ancient DNA from Chalcolithic Israel reveals the role of population mixture in cultural transformation. *Nat Commun* **9**, 3336 (2018).
63. Rivollat, M. *et al.* Ancient genome-wide DNA from France highlights the complexity of interactions between Mesolithic hunter-gatherers and Neolithic farmers. *Sci Adv* **6**, (2020).
64. Reich, D. *et al.* Reconstructing Native American population history. *Nature* **488**, 370–374 (2012).
65. Skoglund, P. *et al.* Reconstructing Prehistoric African Population Structure. *Cell* **171**, 59–71.e21 (2017).
66. Wang, K. *et al.* Ancient genomes reveal complex patterns of population movement, interaction, and replacement in sub-Saharan Africa. *Sci Adv* **6**, (2020).
67. Lipson, M. *et al.* Ancient DNA and deep population structure in sub-Saharan African foragers. *Nature* **603**, 290–296 (2022).
68. Fu, Q. *et al.* The genetic history of Ice Age Europe. *Nature* **534**, 200–205 (2016).
69. Jones, E. R. *et al.* Upper Palaeolithic genomes reveal deep roots of modern Eurasians. *Nat Commun* **6**, 8912 (2015).
70. Alexander, D. H., Novembre, J. & Lange, K. Fast model-based estimation of ancestry in unrelated individuals. *Genome Res* **19**, 1655–1664 (2009).
71. Fenner, J. N. Cross-cultural estimation of the human generation interval for use in genetics-based population divergence studies. *Am J Phys Anthropol* **128**, 415–423 (2005).

- Neolithic (5600-5200 BCE)
● Eneolithic (NPR) (4500-3300 BCE)
● Eneolithic (Caucasus-Volga-Don) (5000-3300BCE)
● Eneolithic (migrants) (4350-4000 BCE)
● Eneolithic (Balkans) (5000-4200 BCE)
● Eneolithic/EBA NPR (3300-3000 BCE)
● EBA (3300-2500 BCE)
● MBA (2500-1500 BCE)



- | | | | | |
|------------------------------------|---|---|--------------------------------------|--|
| ▲ Aknashen:Armavir Province | ▲ Cunicea:Soldanești I7920 | ✕ Kam'yana Mohyla:Kurgan 2 | ✱ Ocnîța:Kurgan 1 | □ Taraclia:Kurgans 2 and 10 |
| ■ Berezhnovka-2:BPgroup | □ Dănceni:Ground burial I20069 | ◇ Kartal:Odessa Oblast | ◇ Odesa:Odesa Kurgan | + Tiraspol:Kurgan 3 |
| ⊠ Bil'che Zolote:Verteba Cave | ⊕ Deriivka:Eneolithic Serednii Stih cemetery | ⊠ Krivvansky:Rostov Oblast, Lower Don group | ⊠ Ogrin-8 (Igren-8):Igren-8 cemetery | ○ Ulan-4:Remontnoye |
| △ Bil'shivtsi:Ground burial I13071 | ▽ Dlinnaya-Polyana:Maykop | ⊕ Mărculești:Kurgan 3 | ⊠ Popovo:Golyamata Mogila | ○ Vapnyarka:Vapnyarka Kurgan 4 |
| □ Branove:Soldats'ka Slava Kurgan | ⊠ Dobrich:Riltsi Kurgan 264 | + Mariupol:Mariupol Neolithic Necropolis | ✕ Progress-2:BPgroup/Pvgroup | ◇ Vonyuchka:PVgroup |
| ○ Bursuceni:Kurgan 1 | □ Dubynove:Kurgan 1 | ✕ Mayaky:Mayaky Sanctuary and Necropolis | △ Revova:Kurgan 3 | ✱ Vynohradne:Vynohradne Kurgan 3 |
| ⊠ Cioburciu:Kurgan 4 | ✕ Durankulak:kurgan F | ⊠ Mereni:Kurgan 1 | △ Sărăteni:Kurgan 1 | ○ Yasynuvatka:Yasynuvatka Neolithic cemetery |
| ▽ Cotiujeni:Kurgan 1 | ● Giurgiulești:Giurgiulești ground necropolis | ▽ Molyukhiv Bugor:Ground Burials I1424, I1454 | + Sharakhalsun:Steppe Maykop | ■ Yunatsite:Pazardzhik |
| + Crasnoe:Kurgan 9 | ⊠ Glinoe (Hlinaia):DOT and SAD kurgans | ◇ Mykhailivka:Specimen I32534 | △ Sukhaya-Termista-1:Remontnoye | + Znamianka:Katarzhyno Kurgans 1 and 2 |
| ■ Csongrád:I5124 | □ Golubaya Krinitsa:Voronezh Oblast | ○ Novohryhorivka:Liubasha Kurgan 2 | ○ Sychavka:Sychavka Kurgan | |

a**b****c****d**